

# 2016 CANADIAN GYMNASTICS CHAMPIONSHIPS

## ARTISTIC MEN AND WOMEN & TRAMPOLINE GYMNASTICS

### DIRECTIVE



**UNIVERSITY OF ALBERTA – UNIVERSIADE PAVILION**  
**EDMONTON, ALBERTA**  
**MAY 30 – JUNE 4, 2016**  
[www.2016GYMNASTICSHAMPIONSHIPS.CA](http://www.2016GYMNASTICSHAMPIONSHIPS.CA)



<b>GCG</b>	<p>Gymnastics Canada Gymnastique          1900 Promenade City Park Dr. Suite 120          Ottawa, ON K1J 1A3          Tel : (613) 748-5637          Fax: (613) 748-5691          Email : <a href="mailto:info@gymcan.org">info@gymcan.org</a>          Website: <a href="http://www.gymcan.org">www.gymcan.org</a></p> <p>Peter Nicol – President and CEO  <a href="mailto:pnicol@gymcan.org">pnicol@gymcan.org</a>          (613) 748-5637 ext. 222</p> <p>Cathy Haines – Chief Technical Officer  <a href="mailto:chaines@gymcan.org">chaines@gymcan.org</a>          (613) 748-5637 ext. 237</p> <p>Karl Balisch – Artistic Gymnastics Program Director  <a href="mailto:kbalisch@gymcan.org">kbalisch@gymcan.org</a>          (613) 748-5637 ext. 229</p> <p>Stéphan Duchesne – Trampoline Gymnastics High Performance Director  <a href="mailto:sduchesne@gymcan.org">sduchesne@gymcan.org</a></p> <p>Mariève Reid (Millaire) – Director of Events  <a href="mailto:mmillaire@gymcan.org">mmillaire@gymcan.org</a>          (613) 748-5637 ext. 231</p>
<b>ORGANIZING COMMITTEE</b>	<p><b>Capital City Gymnastics Centre (CCGC)</b>          4130 – 101 St., Edmonton, AB, T6E 0A5          780-469-0662          Colleen Wilchuck, General Manager</p>

	<p><b>Organizing Committee Chairs</b>  Chair: Jack Payne  Vice Chair: Robin Marsden  Technical Director: Dave Holmes  Marketing/Communication Director: Sandra Symbaluk  Protocol Director: Dawn VandeVyvere  Delegate Services Director: Renea Marsden  Logistics Director: Robin Marsden  Volunteers Director: Kim Baksh</p>
<p><b>DATE</b></p>	<p>May 31<sup>st</sup> to June 4<sup>th</sup>, 2016</p>
<p><b>GENERAL INFORMATION ABOUT THE CITY OF EDMONTON</b></p>	<p><b>INTERESTING FACTS ABOUT EDMONTON</b></p> <p>Segway through Edmonton’s massive river valley park system, surf the prairies in one of the world’s biggest indoor waterparks at West Edmonton Mall or step back in time at Fort Edmonton Park, Canada’s largest living museum. When it comes to attractions, Edmonton’s philosophy is go big or go home. Whether you’re a history buff, art lover, adrenaline junkie, or outdoor enthusiast, there is an Edmonton experience that speaks to you.</p> <p>Peruse charming Old Strathcona, named one of Canada’s 10 best shopping districts, or discover eclectic homegrown retailers and eateries in the High Street and the 124 Street areas. At West Edmonton Mall—North America’s largest shopping and entertainment complex—you’ll find over 800 stores and services, and over 100 dining options to fuel your shopping spree. As a bonus, there is no sales tax, just the federal five percent Goods and Services tax.</p> <p><a href="#">Events Edmonton website</a></p> <p><a href="#">Edmonton Attractions Pass</a> - Pick up the Edmonton Attractions Pass for admission to 16 of the most visited attractions in the city and region: the Valley Zoo, TELUS World of Science Edmonton, the Alberta Legislature, Muttart Conservatory, Alberta Aviation Museum, Art Gallery of Alberta, Devonian Botanic Garden, Castrol Raceway, K-Days, Leduc #1 Energy Discovery Centre, Old Strathcona, Prairie Gardens &amp; Adventure Farm, Royal Alberta Museum, West Edmonton Mall - Marine Life, Jurassic Forest and the Ukrainian Cultural Heritage Village.</p>
<p><b>COMPETITION VENUE</b></p>	<p><b>University of Alberta</b>  <b>Universiade Pavilion (also known as the Butterdome)</b>  116 Street &amp; 85 Ave, Edmonton, AB T6G 2R3  Website: <a href="https://ualberta.ca/">https://ualberta.ca/</a></p>

**Competition and Training sites:**

Competition and training for MAG, WAG, and TG will take place in the Universiade Pavilion (also known as the Butterdome).

**Parking**

Parking facilities surrounding the Butterdome/Lister Center are:

**Lot M (64 spots), Lot R (73) & Lot T (142):**

The daily parking rate is \$15.00. The evening (after 4:30 pm) & weekend rate is \$5.00 per vehicle per entry per date.

The rate for bus parking is \$50.00 daily.

**Jubilee Car Park:**

Available evenings and weekend only for \$6.00.

All rate structures include GST.

**APPARATUS SUPPLIED**

The official supplier for the event is Gymnova S.A.

**Artistic Gymnastics**

2 full sets for men and women (1 for competition and 1 for training)

- Shared floor in training gym

**Trampoline Gymnastics**

4 Eurotramp Trampoline (2 on the competition floor and 2 in the warm-up gym)

1 Double mini-trampoline - Eurotramp

1 Tumbling - Gymnova

\*Note: clubs are **NOT** authorized to bring their personal equipment.

**REGISTRATION & DEADLINES****Registration Deadlines****To:**

Electronic registration deadline	May 3 <sup>rd</sup> , 2016	GCG & CCGC
100% payment of meal & accommodation deadline	May 3 <sup>rd</sup> , 2016	CCGC
Housing exemption	May 3 <sup>rd</sup> , 2016	CCGC
100% payment of GCG athlete fee and registration deadline	May 3 <sup>rd</sup> , 2016	GCG
P/TO statutory declaration deadline (for waivers and medical forms)	May 13 <sup>th</sup> , 2016	GCG
Late individual registration deadline with penalty and no refund	May 13 <sup>th</sup> , 2016	GCG
Refund deadline- registration & meal and accommodations.	May 13 <sup>th</sup> , 2016	GCG & CCGC

**Registration Fee****Send to:**

Registration fee	\$140 per person	GCG
Meal & accommodation	\$115 per person / day	CCGC
Banquet	\$25 per person	CCGC
Late provincial entry penalty	\$1000 fixed fee plus \$250 per additional day that a registration is late/incomplete	GCG
Late individual entry penalty	\$50 per person	GCG
GCG athlete fee	\$25 per athlete	GCG

**Completed Registration Checklist**

- ✓ **#1-** The completed excel registration spreadsheet is submitted **electronically** to GCG at [mmillaire@gymcan.org](mailto:mmillaire@gymcan.org) **AND** to CCGC [colleen@capcitygym.com](mailto:colleen@capcitygym.com) by the set deadline. See attached document for registration spreadsheet.

- ✓ **#2-** 100% payment of the **Registration and GCG athlete fee** along with a hard copy of the *FINANCIAL INFO* tab of the Excel Registration are **RECEIVED** at the GCG office by the set deadline.

Cheque made payable to:

Gymnastics Canada Gymnastique

ATTN: Mariève Reid

120 - 1900 City Park Drive, Ottawa, ON, K2J 5W9

- ✓ **#3 –** 100% payment of **Meal and Accommodation fees** along with a hard copy of the **FINANCIAL INFO** tab of the Excel Registration are **RECEIVED** at the Capital City Gymnastics Centre (CCGC) office by the set deadline.

Cheque made payable to:

2016 Canadian Gymnastics Championships

ATTN: Colleen Wilchuck

Address: 4130 101 St., Edmonton, AB T6E 0A5

- ✓ **#4-** Each P/TO must submit their Statutory Declaration (for waivers and medical forms) by the set deadline to the GCG Office. ATTN: [Mariève Reid](#)

	<p><b>Definition of Late Provincial Entry Penalty</b></p> <p>A Provincial/Territorial Federation/Association will be charged the Late Provincial Entry Penalty if the above mentioned checklist items #1, 2, 3 and/or 4 is not fulfilled by the set deadline.</p> <p><b>Definition of Late Individual Entry Penalty</b></p> <p>A Provincial/Territorial Federation/Association will be charged the Late Individual Entry Penalty if a delegate is registered between the set registration deadline and the late registration deadline.</p> <p><b>Note</b> - No entries will be accepted after the late registration deadline unless written approval is given by the respective Program Director at GCG.</p> <p>There is no Late Individual Entry Penalty for substitutions.</p> <p><b>Refund Policy</b></p> <p><b>Written request for a refund can be made to the attention of <a href="#">Mariève Reid</a> until <b>May 13<sup>th</sup></b>. After this date, there will be <b>NO</b> reimbursement of the <b><u>registration fees (injuries included)</u></b>.</b></p>
<p><b>EVENT PURPOSE &amp; ELIGIBILITY</b></p>	<p><b>Men’s Artistic Gymnastics</b></p> <p><i>Purpose</i></p> <ul style="list-style-type: none"> <li>● Provide a prestigious annual competitive opportunity for developing High Performance gymnasts, showcasing top provincial talent, provide national rankings, and declare Canadian Champions for each category of competition: Open, Novice, Junior, and Senior.</li> <li>● The Canadian Championships will also be used as a part of the selection process for National Team Status and Sport Canada Athlete Assistance Program Carding.</li> </ul> <p><b>Women’s Artistic Gymnastics</b></p> <p><i>Purpose:</i></p> <ul style="list-style-type: none"> <li>● To provide a national level competitive opportunity for developing athletes.</li> <li>● Rank participants at the national level and declare champions in: <ul style="list-style-type: none"> <li>a. JO Level 9 (11-13) and JO Level 10 (12-15) &amp; (16+). Team, All-Around, and Apparatus;</li> <li>b. Novice, Junior, and Senior: All-Around and Apparatus.</li> </ul> </li> </ul>

- Rank athletes as part of the system to have access to:
  - a. Sport Canada Athlete Assistance Program - Carding;
  - b. National Team and Espoir Status.

### **MAG & WAG Coaches**

All registered coaches must be certified NCCP Level 3 in Artistic Gymnastics in order to coach Men's or Women's Artistic Gymnastics at Canadian Championships in any level. A one-time exemption may be requested from the Program Director – Artistic Gymnastics using the exemption request forms. A coach who is employed on a full-time basis by an organization based outside Canada is exempted from this requirement.

### **Trampoline Gymnastics**

#### ***Purpose:***

- To identify Junior and Senior athletes for the competitive year and to rank athletes as part of the system to have access to National team status and Sport Canada Athlete Assistance Program (AAP Carding-Trampoline).
- Last trial for Indo Pacific Team selection (all events)
- Second trial for National Team selection (all events)

### **Athletes**

National level athletes in the categories listed below in trampoline (individual and synchronized), tumbling, and/or double mini trampoline who are in good standing with their provincial/territorial federation/association and GCG are eligible to register.

TRA & DMT: L5 Novice (16U), L5 Novice (17+), L6 Espoir (17U), L6 Espoir (18+)  
Junior (15-18), Senior (17+)

SYN: L5 Novice (11+), Senior (15+)

TUM: L5 Novice (15U), L5 Novice (16+), L6 Espoir (11+), Junior (13+), Senior (17+)

### **Coaches**

All registered coaches must be certified NCCP Level 3 in trampoline in order to coach trampoline or double mini trampoline. Coaches registered to coach in

tumbling must be certified NCCP Level 3 in either trampoline or artistic gymnastics. A one-time exemption may be requested in writing from the Trampoline Program Director. A coach who is employed on a full-time basis by an organization based outside Canada is exempted from this requirement.

NOTE: All athletes must have met the minimum score for finals applicable to their regular competitive category in order to participate in finals.

## JUDGES

### MAG & WAG Judges:

All judges MUST stay at the designated judges' housing at Lister Centre to receive transportation. Housing has been designated by the organizing committee to that effect.

GCG will manage the accommodations for ALL judges. The provinces must register their judges using the registration form, as per years' past. GCG will then make reservations for all judges based on registrations received by the provinces.

Some meals will be served by the organizing committee at the competition venue for judges.

GCG's main point of contact for judges is Sue Ashton. She can be reached at [sashton@gymcan.org](mailto:sashton@gymcan.org) or at 613-748-5637 ext. 227.

### TG Judges:

Provincial judges allocation for the 2016 Canadian Championships is as follows:

	TRA	TUM	DMT
BC	2	1	2
Alberta	2	2	3
Ontario	3	3	1
Nova Scotia	0	0	1
Quebec	2	2	1
TOTAL	9	8	8

All judges need to be N1 (senior) ranked judges. Trampoline judges must be available for all sessions; that is the same judge cannot be sent for both TRA and DMT. A judge can be sent for "double-duty" only if certified in both TUM and DMT.

	<p>Provinces are responsible for sending the minimum number of judges outlined above, or finding a replacement judge to act on their behalf. The fine for not providing the required number of N1 judges is \$1000 for each missing judge.</p> <p>Gymnastics Canada will provide funding for some FIG judges selected by GCG to ensure full FIG Panels for the Senior events only. The judges will be named in March.</p> <p>From AB       \$ 500  From BC       \$ 800  From NS       \$1,200  From ON       \$1,000  From QC       \$1,000</p> <p>Provinces who are not required to send any judges but who are sending athletes to Canadian Championships are encouraged to send one judge. This will ensure that the information that is being discussed at judges' meetings and on panels can be brought back to the provinces to aid in the development of the athletes and judges in their own provinces. Any questions can be directed to Marthe Desmarais-Moen at <a href="mailto:mattsrep@nucleus.com">mattsrep@nucleus.com</a>.</p> <p>Provinces are responsible for the travel and cost of accommodations of their judges.</p> <p>Judges must stay at the <b>Lister Centre Residences</b> to receive transportation.</p>
<b>SCHEDULE</b>	<p><b>Provisional Schedule</b></p> <p>View draft schedule attached.</p>
<b>WAG FLOOR MUSIC</b>	<p>Music will NOT be collected in advance. It will be played from CDs on-site. Each Head Coach is responsible for submitting 1 CD as noted below to the Music Technician at the beginning of their floor training session.</p> <p>To comply with SOCAN regulations and copyright law, the CD must be clearly labelled with the following information:</p> <ul style="list-style-type: none"> <li>• Athlete Name</li> <li>• Club, Province</li> <li>• Name of Artist and Composer</li> <li>• Title of the piece of music (or titles if more than one is mixed together)</li> <li>• Duration</li> </ul> <p>CDs will be tested during training.</p>



<b>EVENT TRANSPORTATION</b>	<p>Transportation will be provided for all teams and delegates between the Edmonton airport and the delegate’s village at the University of Alberta.</p> <p>The travel information for each delegate must be complete in the registration form in order to receive transportation to and from the airport.</p> <p>The competition venue is less than 200 meters from the residences. Delegates are expected to walk once on-site.</p>
<b>LOCAL TRANSPORTATION</b>	<p>ETS - <a href="http://www.edmonton.ca/edmonton-transit-system-ets.aspx">http://www.edmonton.ca/edmonton-transit-system-ets.aspx</a></p> <p>The City of Edmonton has a very extensive transit system that covers bus service, and LRT (Light Rail Transit) services right into the heart of the University of Alberta campus. This can be utilized by both teams and spectators for moving around to the various attractions within Edmonton, as well as from hotels.</p>
<b>TEAM ACCOMMODATIONS</b>	<p><b>All Championships Delegates will be housed and are required to stay on campus at the Lister Centre Residences.</b></p> <p><b>Individuals must pay a surcharge fee of \$125 and be authorized by the organizing committee and the province/territory for not staying on campus at the Lister Centre Residences or they will not be eligible to participate at the 2016 Canadian Gymnastics Championships.</b></p> <p>Once delegations and their numbers are finalized, housing will be assigned, and details forwarded to each PTO.</p> <p>All Delegates for the Championships will be housed at the Lister Centre. There is a combination of single bed dorm style rooms, and the majority are double beds. There is a shared common area, as well as kitchen area with multiple refrigerators available.</p> <p>All residences are smoke free and include free internet (bring your own Ethernet cable) and a telephone for local calls. Laundry facilities are located in each building.</p> <p>Visit the University of Alberta Lister website for more details and maps:  <a href="https://www.residence.ualberta.ca/prospective-residents/lister-centre">https://www.residence.ualberta.ca/prospective-residents/lister-centre</a></p>
<b>HOST HOTELS</b>	<p>There are three host hotels to choose from for spectators and visitors. These hotels were selected for their proximity to the LRT system that stops near the Butterdome.</p>

	<p><b>1. Chateau Lacombe</b></p> <p>Information Sheet: <a href="http://www.2016gymnasticschampionships.ca/assets/chateau-lacombe_2016can_gymnastics.pdf">http://www.2016gymnasticschampionships.ca/assets/chateau-lacombe_2016can_gymnastics.pdf</a></p> <p>Booking/Group Code: 20160530201  Toll Free: 1-800-661-8801  Address: 10111 Bellamy Hill, Edmonton, AB Canada T5J 1N7  Website: <a href="http://www.chateaulacombe.com">www.chateaulacombe.com</a></p> <p><b>2. Edmonton Coast Plaza Hotel</b></p> <p>Information sheet: <a href="http://www.2016gymnasticschampionships.ca/assets/2016-canadian-gymnastics-championships-may-3.pdf">http://www.2016gymnasticschampionships.ca/assets/2016-canadian-gymnastics-championships-may-3.pdf</a></p> <p>Online Booking Link: <a href="https://www.coasthotels.com/rates">https://www.coasthotels.com/rates</a></p> <p>Booking/Group Code: CEP-GFC14870  Toll Free: 1-800-663-1144  Address: 10155 – 105 Street NW, Edmonton AB T5J 1E2  Website: <a href="http://www.coasthotels.com/hotels/alberta/edmonton/coast-edmonton-plaza-hotel/">http://www.coasthotels.com/hotels/alberta/edmonton/coast-edmonton-plaza-hotel/</a></p> <p><b>3. Campus Tower Suite Hotel</b></p> <p>Information Sheet: <a href="http://www.2016gymnasticschampionships.ca/assets/campus-tower-2016cgc.pdf">http://www.2016gymnasticschampionships.ca/assets/campus-tower-2016cgc.pdf</a></p> <p>Booking/Group Code: ACT-GFC2187  Toll Free: 1-800-709-1824  Address: 11145-87 Avenue, Edmonton, Alberta, T6G 0Y1  Website: <a href="http://www.campustower.com">www.campustower.com</a></p>
<b>MEALS</b>	<p>All meals will be served on campus in Lister Centre, which is located in the main entrance to the Residences. Full meal plan information will be provided in the Delegate Handbook. The dining hall is situated across the street from the venue.</p> <p>We request that any dietary restrictions and allergies be indicated in the registration form so we can ensure proper preparation with Lister Hall.</p>
<b>ACCREDITATION</b>	<p>The GCG accreditation protocol will apply. The system consists of colour coded categories. GCG reserves the right to take away any accreditation if the rules are not followed.</p>

	<p>Accreditation for provinces will be distributed to Chefs during the first Chefs meeting. The accreditation must be worn to access the venue, the competitive and training areas and the hosting areas.</p>
<b>MEDICAL</b>	<p>There will be a medical team on-site throughout the competitions, as well as physiotherapy. On a limited basis there will also be massage therapy. Additional details will follow.</p> <p>Doping control may be conducted for senior athletes. For information on doping control procedures and banned substances, please go to <a href="http://www.cces.ca">www.cces.ca</a>.</p>
<b>HOSPITALITY</b>	<p>There will be hospitality in the competition venue for coaches and judges that are not able to leave and participate in the regularly scheduled meal plan in Lister Centre.</p> <p>Coaches and judges are strongly encouraged to use the meal plan whenever possible.</p>
<b>SOCIALS/ BANQUETS</b>	<p>There will be several socials planned for different nights during the competition.</p> <p><b>Chefs Meeting and Social</b> – The Chefs meeting will be combined with a welcome social on Tuesday, May 31<sup>st</sup> between 6pm and 8pm. More details to follow.</p> <p><b>Adult Welcome Social</b> - On the Thursday evening, June 2<sup>nd</sup>, we will be hosting an adult welcome social for all the coaches, judges, and any mission staff that are available. This will be held in the Red Piano dueling piano bar in West Edmonton Mall, on Bourbon Street.</p> <p><b>Athlete/Adult wrap up party</b> - We have booked the Galaxyland indoor amusement park at West Edmonton Mall, for our exclusive use on the Saturday evening, June 4<sup>th</sup>, after competition end. Tickets will be required for all those attending this wrap up party. Tickets will include transportation to and from Lister Centre Residences, access to Galaxyland rides, a DJ, food, and refreshments.</p> <p>Cost per person will be: <b>(\$25)</b> Note that some arcade games may be at an additional cost.</p>
<b>ADDITIONAL INFORMATION</b>	<p><b>Bulletin #2 will provide information on:</b>  Ticketing  Opening, Closing and Award Ceremonies  Webcast</p>