



# GYMNASTICS NOVA SCOTIA

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## Zoom Board of Director's Meeting

Monday March 23<sup>rd</sup> 2020

Online through Zoom

### Final Minutes

**1. Call to Order at 8:01 pm**

Nick Lenehan, Susie Gallagher, Carol Anne Prost, Jason McLeod, Vaughn Arthur, Stewart Gunn, Cathy Huntington, Sherry Watters, David Brown (staff) and Angela Gallant (staff) / Megan Looke joined by phone at 8:30 pm

**2. Approval of Agenda NA**

**3. Adoption of Previous Minutes NA**

**4. Updates:**

- Angela and Nick spoke on the status of "Canadians" as discussed on their conference call from GCG
  - There was talk about having it in the fall as a possibility – Juniors and Seniors who might be able to make carding would be considered as priority
  - "Don't plan on there being a 2020 Canadians"
- Olympics – Team Canada not sending a team if they go ahead with scheduled dates, other countries have followed suit. Dick Pound from IOC suggested that there will be a delay (as of March 24<sup>th</sup> this has happened – there has been a delay of 1 year announced for the Tokyo Olympics)
- Angela asked about the exemption made for Ellie, do we need to make any changes now?  
With the city closing down all facilities would that mean Alta would have to close? Seemed likely not as they are under 5 people involved, but they were trying to discourage athletes from training. There will be discussions (March sometime soon) with all senior National Team members to encourage athletes to not train.

As a result of this discussion, the board decided to amend the previous motion supporting Ellie's continued training:

**Amendment to Previous Motion:** As long as the exemption for training is consistent with NS Health authority guidelines for Covid 19 and following Safesport guidelines, GNS would support Ellie continuing to train at ALTA.

Moved by Cathy Huntington, 2nd by Vaughn Arthur

All in favour

Motion to amend passed

- Events 2020 – Provincial Championships, Canadian Championships, Olympics, Gymnaestrada, GNS AGM

Provincials are postponed – difficult to make any decisions with our current understanding of this situation. There was discussion about the distinct possibility Provincials will not happen. This will be discussed at a future meeting

- Club conference call – Angela will set up a GNS club conference for clubs for Thursday evening, March 26<sup>th</sup> at 8pm. Presidents and head coaches will be invited.

Angela discussed having a few questions asked in advance to the clubs. Susie offered to help with drafting the questions.

## Additional topics for discussion:

- What will 2020 Provincials look like if they happen? We will give adequate timeline for clubs to prepare for Provincials; it will not be sprung on them.
- Provincial gymnastics governing bodies – want to maintain consistency in only sending provincial member fee refunds back to clubs for any programs where people have sent in registrations but program hasn't started.
- Online programs in clubs  
Talked about the online classes being offered by clubs. Our insurance provider stated as long as we are supportive of the idea and the club, they would be fine.  
Nick mentioned "Mygymonline" being used in Ontario. There were/are some concerns about kids getting injured as a result of the online training. We need to discuss the pros and cons.

Our insurance provider indicated that they are "Ok" with online videos if GNS sanctions them and the difficulty of the moves are relatively easy (e.g. no flips or more extreme/harder moves)

It was asked about a disclaimer before these videos are posted. The board felt this was a good idea. We should indicate that it is up to the discretion of the club to use appropriate skills for home practice and safety.

If you want to have a video posted then it needs to be reviewed by the clubs for safety and GNS informed of where it is posted.

**Motion:** It was moved that GNS will sanction online gymnastic class videos by member clubs as long as the videos are consistent with gymnastics LTAD, safety and teaching methodology. Clubs must submit the video web location to GNS for review and monitoring.

Moved by Megan Looke, 2<sup>nd</sup> by Cathy Huntington

All in favour

Motion passed

**Action:** Nick will draft a standard disclaimer for clubs to use. We will pass it on to the insurance broker for review

## Other updates

- Insurance we are paying for it but not able to use it. We asked the broker about getting a discount. No response at this point. As our membership will be down, we are hoping we can use reduced numbers for next year's insurance purposes.
- Nick discussed us addressing the possibility of having a virtual AGM for 2020 this will be discussed further at another time
- Carol Anne asked about awards. S4S Award nominations are coming due and will go ahead with these but Provincial awards are on hold
- Susie talked about the importance of giving a heads up to clubs before we post big decisions on social media. Can we wait on posting to social media - the example used was the cancellation of Easterns
- Stewart asked about Indo Pacifics (still on) – with no nationals too difficult to pick a team. Tech leads are trying to figure out how to pick a team
- We will pass the following draft minutes sent out previously (March 1<sup>st</sup>, March 13<sup>th</sup>, March 14<sup>th</sup> and March 16<sup>th</sup> meetings) at the next meeting

## Next meeting to mainly discuss budget: Monday April 6<sup>th</sup> 7:00 pm

**Action:** All technical committee chairs should have their estimated budget requests in to GNS by Friday, April 3<sup>rd</sup>.

**Motion** to adjourn meeting at 9:08

Moved by Cathy Huntington, 2<sup>nd</sup> by Stewart Gunn

All in favor

Motion passed