



# GYMNASTICS NOVA SCOTIA

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## Board of Director's Meeting Friday, March 5<sup>th</sup>, 2021, 9:30am

### Join Zoom Meeting

<https://us02web.zoom.us/j/83599266288?pwd=NFcwcVpicVZKRRC9vWGU5bIV5Y29lQT09>

Meeting ID: 835 9926 6288

Passcode: 309312

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## MINUTES

### 1. Call to Order 9:38

**In attendance:** Susie Gallagher, Stewart Gunn, Eleanor Melrose, Nick Lenehan, Sherry Watters, Ted Higney, Abby Murrin, Kristin Mercer, Cathy Huntington, Michelle Debay joined the meeting after being appointed by the board. Welcome Michelle!

**Staff:** Angela Gallant- Executive Director, David Brown -Technical Director

**Regrets:** Carol Anne Prost, Jason MacLeod, Megan Looke and Thorne Sutherland

### 2. Approval of Agenda

**Motion** to approve the agenda

Moved by Ted Higney, 2<sup>nd</sup> by Stewart Gunn

All in favour

Motion passed

### 3. Adoption of Previous Minutes – February 26<sup>th</sup>, 2021

- Business Arising – No business arising.
- Action items

**Motion** to approve the minutes of February 26<sup>th</sup>, 2021

Moved by Sherry Watters, 2<sup>nd</sup> by Abby Murrin

All in favour

Motion passed

Michelle Debay has expressed interest in joining the board in a Member-at-Large position to take on the Awards/Historian portfolio.

**Motion** to put Michelle DeBay forward as a Member-at-Large on the GNS Board.

Moved Ted Higney, 2<sup>nd</sup> by Abby Murrin

All in favour

Motion passed

**Updated Action** Angela and Carol Anne will have a discussion regarding last year's GNS awards and how many nominations were put forward this past spring.

**Further update:** *Because we are not sure what will be able to happen this year, Angela is looking for a little more direction from the board on this. We want to acknowledge people but with everything up in the air we have no idea what we can do. The board agreed that we should hold off on this and hopefully by our next meeting we will know more.*

*\*\* This was left until we know more. With the addition of a new Board member this may change.*

*It was suggested that we proceed with this as a virtual event so that should things again, we would not be forced to cancel. We will wait until we can meet with Michelle DeBay to finalize plans.*

#### 4. Covid-19 Updates

- Return to Play document – status quo
- Return to Competition – Operational Plan changes –

Angela sought clarity as to having GNS enter into an agreement with 3Sixty Live. What was the extent the board envisioned? Would this come from program committees or should it be cost shared with the clubs. At this point GNS is able to pay the expense of live streaming, however this could change depending on what happens next year. Also, if we get funding from an outside source.

- Stewart offered that T and T would probably be willing to contribute as a program committee.
- Nick echoed that for MAG – it was suggested that the amount of time the service spent on the event (discipline) could play a role in how the division of the cost was decided.
- Ted indicated that WAG would also be willing to contribute. It was noted that WPC had a greater portion of the video time.
- If there is a “Pay per view” option, this may affect the final cost to GNS
- The amount recommended that GNS would be responsible to cover for live streaming would be 75%

**Motion:** It was moved that GNS will be responsible for covering 75% of the cost of virtual video streaming for the competitions to be held in 2021. This is providing that a club does not have a pay per view option.

Moved by Ted Higney, 2<sup>nd</sup> by Stewart Gunn

All in favour

Motion carried

**Action:** Program chairs of all 3 disciplines should make sure that the Judging chairs review the final Return to Competition document with their judges before competitions begin.

*Update: This has been brought to the attention of the Program Committees. David will follow up on this upon final approval of the Return to Competition doc.*

- CEWS funding – Period 11 application complete (claimed \$991.60) Angela gave a brief update and indicated that she will be applying for period 12 in the next few days
- Federal Funding for CSO's and PSO's
  - No word on CSO funding allocations – 6 GNS clubs applied
  - PSO's - we have been asked for our revenues for period 3 as well (estimated to the end of March) and for PSO's the understanding is that period 2 and period 3 will be allocated together.

#### 5. GNS Membership update – 2020-2021

Current summary in ED Report - currently we are down 25% from last year.

#### 6. GNS Strategic Plan / 2021-2022 Draft Outcomes

Angela sent out the outcomes as presented to the Province. These were developed from action items in our strategic plan. The final copy is due at the end of the month.

One area noted was having 2 board members involved in the planning process. The reason for this seemed to be a Provincial desire to seem more direct board involvement in the planning process. Susie suggests that she and perhaps a committee chair will be able to attend in the future.

The board members were asked to review the strategic plan and offer feedback. If needed a meeting can be organized specifically for this. Review and feedback to GNS by March 20<sup>th</sup> 2021

#### 7. GNS Financials

**New Action:** Sherry and Angela will check further with Joanne to see if we can get this back through credit card as opposed to holding the flight credits.

*Update* Angela did reach out to Joanne. We can try to reach out to the airlines but success may be a challenge because we cancelled our flights before the flights were cancelled by the airline. We have been encouraged to keep asking. Sherry has offered to continue pursuing the airlines.

**CEBA Loan** – Additional \$20,000 loan received.

**2021-2022 Budget** – next meeting

## 8. Safe Sport Policies

**New Action:** Angela to update legal review recommendations in GNS policy manual in consultation with Nick. This will be presented for board approval at the next GNS meeting.

*Update – The updated policy manual was distributed to the board, but the discussion was put on hold until Nick was able to be in attendance. This will be carried over to the next meeting.*

*Updated action - Angela and Nick reviewed the changes made to the Policy manual document for the BOD. Any changes were highlighted and there were not a lot of changes required. Most of the changes revolved around formatting and clarification. One item for the board to note is that at the top of the newer policies we list all the related policies.*

- *It is a good idea to have a schedule for all the policies consistent with the newer ones. This highlights the last time there were updated.*
- *Clarification that the board oversees the policies.*
- *The addition of a “failure to comply” section describing the actions to be taken.*
- *GNS must have the ability to appoint a 3<sup>rd</sup> party external investigator. Investigations must take place in a timely manner. It was noted that once an external investigator is engaged, we have no control over the timeline so this is the reason the policy no longer gives a certain number of days to complete.*
- *Overall, these policies are good and especially the Safe Sport ones that were modelled after GymCan. GymCan has asked that all provinces have policies inline with GymCan policies. All policies should also be inline with the National UCCMS policies (Universal Code of Conduct to Prevent and Address Maltreatment in Sport).*
- *The table of contents will be updated to reflect the changes.*

**Motion** to accept the changes to the revised policy manual January 2021 draft with the reformatting of the table of contents to reflect changes.

Moved by Sherry Watters, 2<sup>nd</sup> by Cathy Huntington

All in favour

Motion passed

**Previous meeting action:** to ask about members “not in good standing” during the legal review. Nick identified that we can withhold membership for members “not in good standing”. We need to clarify what “in good standing” is? Does it mean more than have you paid your fees. There are many other scenarios that could be considered as not in good standing.

This will be asked when we go through the Legal review. We still need to clarify what is: “In good standing.”

**Update –** *this was answered in detail by Sport and Law and will also be updated in policy manual for board approval as per new action above.*

**Further update -** *Angela indicated that this will most likely be a By-law change so if a motion is made by the GNS Board, it will need to go to the GNS Membership at the next AGM for a Special Resolution.*

**New Action Item:** We now have a more complete definition of: “Member in good standing” from Sport Law and Strategy Group. This definition was distributed to the board and inserted into our current by-laws in draft form. Angela will contact Sport Law and Strategy Group to seek clarification on wording in point 2.1 part b regarding an expelled or suspended member and bring it back to the next board meeting. Once the by-law change is passed at the board level, it will then subject to approval at the next AGM and must be distributed to the membership 30 days prior as a special resolution.

## 9. 2021 Gymnaestrada / Symposium – June 18-20, 2021

A Zoom meeting was organized using a Doodle poll.

*Update: David gave an update on the status of Gymnaestrada based on the discussion held during the recreation programmers meeting held Jan 29<sup>th</sup>, 2021*

**Motion** to postpone the 2021 Gymnaestrada until next year depending on where we stand with the pandemic.

Moved by Cathy Huntington, 2<sup>nd</sup> by Michelle DeBay

All in favour

Motion passed

**Action** -We will postpone the Coach symposium until later in the year. David will send out a memo to clubs seeking feedback as to timing for the next symposium.

## 10. Reports

### a) Chair & Uniforms – Susie Gallagher

**Previous meeting action:** Jamie Ferguson suggested that Susie should take the lead on staff annual reviews and she will liaise with Erin from SNS for assistance on annual reviews/performance appraisals.  
*Update: Susie is working on reviews. The evaluations are also needed as a requirement of the funding GNS receives for staffing.*

*Reviews were done for Angela and David -They are now complete, and Susie will send confirmation of completion to the appropriate people. I.e. Blaise for ED and Natasha for TD.*

**Previous meeting action:** Susie will have GK do up a sample suit. GK is fully closed at this time. This may take time as everything is shut down.

**Update** *Susie has talked to Lisa, we can order whenever we may be ready. If GymCan decides to do a virtual Nationals, we can make a decision. We will wait until we know more about what competitions may happen. The recommendation is for this year is that they use their old uniforms.*

### b) Vice Chair & Covid Safety – Carol Anne Prost

### c) Executive Director – Angela Gallant – Report attached

- Angela noted that PSO Tier 6 Funding card is due on March 15, 2021

**Action** - This should be passed on to the 3 program chairs for action. This needs to be done in the next 7 days.

### d) Technical Director Report – David Brown – report attached

### e) Treasurer – Sherry Watters nothing at this time

### f) Director – Secretary – Cathy Huntington – nothing to report

### g) Women's Program Committee Director – Eleanor Melrose and Ted Higney Ted noted that the WAG has met recently – minutes were submitted – Ted was officially appointed as WAG chair

### h) Men's Program Committee Director – Nick Lenehan

**Previous meeting action:** UCIC Cheques to Alta and Titans - we need discussion on these as the event was cancelled - Nick will discuss further with the MAG committee  
MAG has been meeting virtually – Nick indicated that MAG is still having conversations about UCIC money spent and whether airlines will give a credit or reimbursement. Leaning toward leaving this unless they receive a reimbursement. He also said Jeremy will be putting in a claim for some previously approved expenses as a result of meetings and votes.

### i) Trampoline/Tumbling Tech Committee Director– Thorne Sutherland -Stewart gave a verbal report

### j) Education/Recreation Director – Megan Looke – no report

### k) Social Media Director – Abby Murrin – Abby gave a brief verbal report

### l) Safe Sport Director – Jason MacLeod – Nothing to report at this time but he has been very active getting is Safe Sport committee in play

### m) Special Events Chair – Eleanor Melrose (tentative) - nothing at this time

### n) Competitions Directors – Stewart Gunn & Kristen Mercer –Stewart has linked GNS staff with the 3sixty live discussion

## 11. New Business

- **Parent and baby class** – Angela has had a couple of clubs recently ask about his and she has brought it to our insurance broker. He was cautious about it but said he could ask GameDay about it if we wished. Clubs think this is important to pursue. Angela is waiting for a reply.
- **GNS board vacancy (Historian/Awards Director)** – Michelle DeBay motioned in to this position at the beginning of the meeting
- **S4S Awards 2021** – will not be happening as a live event this year. Each PSO is being asked to put forward a nomination – It was suggested Maia's challenge and the impact it has had on the gymnastics community and the sporting community as a whole. It was unanimously agreed to put Maia Zann-Roland forward under the "Maia the Mighty" tagline.

## 12. Review of Motions and Action items

## 13. Next Board of Director's meeting date and AGM date

Next BOD meeting – April 16<sup>th</sup> 2021

AGM – A date in June will be determined through doodle poll (3<sup>rd</sup> week)

## 14. Adjournment 11:28

**Motion** to adjourn at 11:28am

Moved by Stewart Gunn, 2<sup>nd</sup> by Cathy Huntington

All in favour

Motion passed

## Provincial Sport Organization Annual Outcomes

**Reporting year: April 2021- March 2022**

PSOs are required to identify outcomes each year and to report on them annually in accordance with your PSO assessment tiering. Please use the templates in each tab. **The first draft is due February 15, 2021**, the final outcomes are due March 31, 2021.

<b>Name of organization:</b>	Gymnastics Nova Scotia		
<b>Name of person submitting report:</b>	Angela Gallant		
<b>Contact information:</b>	gns@sportnovascotia.ca		
<b>Date reviewed by Board:</b>	to be reviewed March 5th, 2021		
<b><i>If you wish further support with the development of your outcomes, please contact your Sport Consultant:</i></b>			
Mike Hudson	(902) 424-3913	<a href="mailto:Mike.Hudson@novascotia.ca">Mike.Hudson@novascotia.ca</a>	
Brendon Smithson	(902) 717-4276	<a href="mailto:Brendon.Smithson@novascotia.ca">Brendon.Smithson@novascotia.ca</a>	
Jason Hansford-Smith	(902) 424-7621	<a href="mailto:Jason.Hansford-Smith@novascotia.ca">Jason.Hansford-Smith@novascotia.ca</a>	

**Guidelines:**

1. The annual outcomes must link to the four pillars of the Sport Development Tool and should be based on your reports, scoring and follow up meetings with the pillar leads and consultants.
2. The annual outcomes must identify specific actions taken to impact an identified pillar and SDT question(s).
3. PSOs should consider their resources and capacity when submitting outcomes, while space is provided, PSOs are **not** required to submit 5 outcomes per pillar. PSOs should provide a minimum of 4 outcomes total and have at least one outcome in three of the four pillars.
4. PSOs are asked to rank outcomes within each pillar based on priority to their organization

5. Outcomes are follow the "SMART" framework:

**S**pecific  
**M**easurable  
**A**chievable  
**R**elevant  
**T**ime-bound

Note: A guide to writing SMART outcomes has been placed in your outcomes folder

**6. Deadlines**

February 15 2021	Submission of draft 2021/22 outcomes into your google drive, PSOs are to use this outcome sheet provided - do not upload separate file
March 15 2021	CCH consultants will provide feedback

2021-22 Outcomes - Organizational Effectiveness Pillar					
Ranking	2021-22 Identified Outcomes (Priority - Action)	How was this outcome identified? Please indicate SDT indicator that this outcome addresses	Resources and supports needed to achieve this outcome	Timeline	Consultant feedback (on draft submission)
indicate the level of priority this outcome has as it relates to the other outcomes in this pillar.	These are your core priority or actions for the year. These need to follow the SMART format. Outcomes should be brief and clear with measurables.	What indicator of the SDT does this outcome impact, what strategic goal of the organization does this outcome support?	Does this outcomes require project funding to occur, does it need budget allocation or staff / volunteer time to be accomplished.	Be specific, when does your organization plan to impact this outcome?	Please incorporate this feedback into your final outcomes submission
1	Identify 2 board members that will be involved in the annual GNS planning process including the creation and monitoring of the annual 12 month plan that is derived from the Strat Plan..	Strongly encouraged by Organizational Effectiveness lead and also from GNS Strat Plan (implementation and evaluation/review)	No project funding required. Continued staff time and GNS board commitment.	To be identified by June 2021 AGM.	Accepted
2	Establish a target amount to add to the GNS reserve fund from the 2021-22 fiscal year.	From GNS Strat Plan - Annual target to establish a GNS reserve fund	No project funding required. Financial committee will complete this.	Amount to be determined by financial committee after 2020-2021 financials are complete.	Accepted
3	Re-vamp the current GNS Board orientation program. Include an updated orientation manual/presentation as well as a formal session for all current board members. Further session for new board members to go through some information in manual. Investigate having an expert offer a session on "effective boards" at the GNS Symposium.	From GNS Strat Plan - Required in order to maintain a complete and effective Board of Directors.	Expert to offer a session may require some project funding. Project will also require staff time.	Timeline would be for new Board that will be in place after June AGM. Sessions for new and current board members would take place in fall of 2021.	Accepted
4	Continue communication with clubs through regular conference calls. Continue monthly conference calls for club Presidents and quarterly calls for Ed/Rec representatives from clubs. Evaluate the uptake with these calls and continue to ask for ideas for things clubs want to discuss either with GNS or among themselves. Club sharing is very important.	From GNS Strat Plan - a continued re-evaluation of what clubs need from GNS and a way for clubs to share valuable information with each other	No project funding required. Continuation of current project. Staff time required.	Ongoing - monthly and quarterly	Accepted

2021-22 Outcomes - Participation Pillar					
Ranking	2021-22 Identified Outcomes (Priority - Action)	How was this outcome identified? Please indicate SDT indicator that this outcome addresses	Resources and supports needed to achieve this outcome	Timeline	Consultant feedback (on draft submission)
indicate the level of priority this outcome has as it relates to the other outcomes in this pillar.	These are your core priority or actions for the year. These need to follow the SMART format. Outcomes should be brief and clear with measurables.	What indicator of the SDT does this outcome impact, what strategic goal of the organization does this outcome support?	Does this outcomes require project funding to occur, does it need budget allocation or staff / volunteer time to be accomplished.	Be specific, when does your organization plan to impact this outcome?	Please incorporate this feedback into your final outcomes submission
1	Revision of the Jump into Gymnastics Document. This document will be available as a hard copy and an online document. This document will be made available to the Regional Sport Consultants.	This supports the need to increase inclusion for newcomers, BIPOC and LBGTQ2SI and become the resource and education vehicle for high quality programming for groups with diverse needs.	This requires staff time	Spring 2021	Who will complete this document
2	Development of an educational video on the benefits of Gymnastics for life.	Increase in diversity and membership of BIPOC and of newcomers to the Province from outside of Canada.	Staff time and funding to support quality production	Summer 2021	Increase diversity in what areas.
3	Continue revisions as required in the Return to Play plan, Declaration form and Assumption of Risk and Return to Competition for Gymnastics in response to Covid-19 pandemic	Provincial requirements - Covid19	Continue to with Gymnastics Canada, Provincial Counterparts, GNS Board of Directors/staff, Sport NS, Province of NS and a local lawyer to revise these documents.	Continuous throughout the pandemic	Accepted
4	To host an annual Coach Symposium and "Gymnastics for all" display (Gymnaestrada) This will be a live inperson event focusing on inclusion and diversity. The theme for the 2021 Symposium/Gymnaestrada is Gymnastics for life.	This was identified as a goal in the SDP Initiate Project Gymnaestrada as "Gymnastics for All" opportunity and sport promotion tool	This will require significant staff time as well as involvement for th the GNS member clubs, coach training and funding support to host the event.	Summer 2021 (Late June)	How many participants will this target
5	To continue with the promotion of Tumblebugs Gymnastics as a valuable tool in Preschool ages physical lituracy training and to continue with the development of the Seniors Tumblebugs program.	This was identified in the SDP	Staff time as well as participation by a pilot club. A funding request will be made for assistance with the production of promotional material.	Fall 2021	How many new programs will this impact.

2021-22 Outcomes - Coaching and Officiating Pillar					
Ranking	2021-22 Identified Outcomes (Priority - Action)	How was this outcome identified? Please indicate SDT indicator that this outcome addresses	Resources and supports needed to achieve this outcome	Timeline	Consultant feedback (on draft submission)
indicate the level of priority this outcome has as it relates to the other outcomes in this pillar.	These are your core priority or actions for the year. These need to follow the SMART format. Outcomes should be brief and clear with measurables.	What indicator of the SDT does this outcome impact, what strategic goal of the organization does this outcome support?	Does this outcomes require project funding to occur, does it need budget allocation or staff / volunteer time to be accomplished.	Be specific, when does your organization plan to impact this outcome?	Please incorporate this feedback into your final outcomes submission
1	<ul style="list-style-type: none"> <li>•Increase the number of Coach Evaluators by 2</li> <li>•Increase the number of Coach Developers by 2</li> <li>•Develop 2 MCD's (1 Foundations and 1 IntroComp)</li> </ul>	This was identified through the work of the Technical Director and corroborated through the NSPPI	Gymnastics Canada NCCP support	This will take time as the timing of the required courses is not always compatible with the candidates schedule. Started in 2020 and will continue through to 2023	Is the time line correct
2	2021 Coach Symposium - increase participation by 50%	This is an annual coaching event and was identified in the GNS Strategic Planning exercise	Support for Sport funding Club Commitment GNS Board	<p>July - evaluate previous symposium</p> <p>September - call for submissions (topics presenters)</p> <p>November - Identify facility (this in conjunction with Gymnaestrada)</p> <p>Dec- May - secure presenters</p> <p>January - Teaser for Gymnaestrada</p> <p>March - Send out registrations</p> <p>June - host the event</p>	Accepted
3	1 L4 Coach candidate entered into the program	This was identified as part of the GNS Strategic Planning exercise as well as in the NSPPI	Access to the Advance Coaching Diploma	this phase of the training will take 2 years to complete	Accepted
4	Review and update of CAC locker profiles to better understand coach status and to plan for future training	This was identified during the planning process for previous coach symposiums	This is a time consuming effort that is most effective when coaches understand how to manage their locker profiles	Ongoing	Is this a role of the PSO ?

2021-22 Outcomes - Excellence Pillar					
Ranking	2021-22 Identified Outcomes (Priority - Action)	How was this outcome identified? Please indicate SDT indicator that this outcome addresses	Resources and supports needed to achieve this outcome	Timeline	Consultant feedback (on draft submission)
indicate the level of priority this outcome has as it relates to the other outcomes in this pillar.	These are your core priority or actions for the year. These need to follow the SMART format. Outcomes should be brief and clear with measurables.	What indicator of the SDT does this outcome impact, what strategic goal of the organization does this outcome support?	Does this outcomes require project funding to occur, does it need budget allocation or staff / volunteer time to be accomplished.	Be specific, when does your organization plan to impact this outcome?	Please incorporate this feedback into your final outcomes submission
1	NSPPI				
2					
3					
4					
5					

# Nova Scotia Gymnastics Association

## Balance Sheet As at 12/31/20

### ASSET

#### Current Assets

Bank - Current		0.00
Scotiabank - Savings account		243,818.00
Scotiabank - Select plan Chequing		158,320.49
Investor Account		0.00
Sport & Rec Account		14,475.35
Canada Games Account		0.00
STI - GIC Subtotal		0.00
Accounts Receivable		5,677.00
HST Receivable		1,095.41
Inventory		14,267.42
Computer Equipment	5,871.86	
Depreciation - Computer	<u>-5,871.86</u>	
Computer Subtotal		<u>0.00</u>
<b>TOTAL CURRENT ASSETS</b>		<b><u>437,653.67</u></b>

**TOTAL ASSET** 437,653.67

### LIABILITY

#### CURRENT LIABILITIES

Kidsport Payable		42.00
Receiver General Payable		4,565.53
CEBA Loan		<u>40,000.00</u>
<b>TOTAL CURRENT LIABILITIES</b>		<b><u>44,607.53</u></b>

**TOTAL LIABILITY** 44,607.53

### EQUITY

#### EARNINGS

Retained Earnings		263,400.75
Current Earnings		<u>129,645.39</u>
<b>TOTAL EARNINGS</b>		<b><u>393,046.14</u></b>

**TOTAL EQUITY** 393,046.14

**LIABILITIES AND EQUITY** 437,653.67

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# Nova Scotia Gymnastics Association

## Income Statement 04/01/20 to 12/31/20

### REVENUE

#### REVENUES

Amanda Forester Account	0.00	
Sales - Badges	2,189.10	
Sales - Subtotal	<u>2,189.10</u>	2,189.10
PSO - Block Funding		55,000.00
PSO Grants - Easterns		0.00
PSO Grants - CSO Covid support		0.00
TBA		0.00
Prov'l Coach Revenue		13,596.19
PSO Enhancement - S4S Grant		3,000.00
PSO Project Grant - Support4Sport		3,062.33
CEWS - federal subsidy		55,348.95
Elite Canada Host - Subtotal		0.00
Elite Canada Host - GNS Revenue		0.00
Performance Pathway Grant		30,000.00
NCCP - Subtotal		960.00
Mem Registration - Clubs	3,523.37	
Mem Registration - Athletes	174,777.00	
Mem Registration - Birthday parties	0.00	
Mem Registration - Coaches	6,519.00	
Mem Registration - Judges	196.00	
Mem Registration - Members	<u>2,187.00</u>	
Membership - Total Registration		187,202.37
Tumblebugs-Grants	40,000.00	
Tumblebugs - Other	0.00	
Tumblebugs - Registrations	805.00	
Tumblebugs Kits	950.00	
Tumblebugs- Manuals	<u>0.00</u>	
Subtotal Tumblebugs		41,755.00
PSO Projects Grant - Coach Coordina		0.00
PSO Projects Grant - Webpage dev't		0.00
PSO Projects Grant - Other		2,000.00
PSO PD Capacity Grant		1,000.00
MPC Officials Tax receipts		0.00
TTPC Officials Tax Receipts		0.00
WPC Officials Tax Receipts		0.00
Club Comp - Sanction Fees	<u>75.00</u>	
Club Comp - Subtotal		75.00
Participation Dev Funding		20,000.00
Coach Symposium Revenue		0.00
Canada Games Funding - Women	0.00	
Canada Games Funding - Men	<u>0.00</u>	

Subtotal - Canada Games	0.00
Canada Games Funding - Trampoline	0.00
Canada Games 2011 Results - Women	0.00
Canada Games 2011 Results - Men	0.00
Symposium Grant	0.00
Landry Fundraiser	0.00
Investment Income	745.29
Affinity Programs	0.00
Other Income	100.00
<b>TOTAL REVENUE</b>	<u>416,034.23</u>

**TOTAL REVENUE** 416,034.23

**EXPENSE**

**EXPENSES**

Cost of Sales - Subtotal		2,363.84
Staff - Coach Coordinator		0.00
Staff- Technical Director		44,906.64
Staff - ED Subtotal		59,638.96
Promotion/Marketing Subtotal		0.00
Special Projects TOTAL		0.00
Provincial Artistic - Subtotal		0.00
Provincials - AWARDS		502.56
Provincial T&T - Subtotal		0.00
Atlantic Artistic - Subtotal		15,000.00
Eastern Artistic - Subtotal		0.00
Eastern T&T - Subtotal		0.00
Canadians Artistic - Subtotal		250.00
Canadians Tramp - Subtotal		0.00
Elite Canada Host - Subtotal		0.00
TBU		0.00
Total Sport Fund grant		0.00
NCCP - Subtotal		2,252.58
Participation/Dev-Coaching Course	0.00	
Participation/dev- promo	0.00	
Participation/dev - other	120.00	
Participation dev - bursary	<u>2,000.00</u>	
Participation/dev subtotal		2,120.00
Support4Sport exp-PSO project other		2,662.50
Coach Symposium Subtotal		0.00
Membership - SNS	345.00	
Membership - Insurance	138,664.63	
Membership - SOCAN and ReSound fees	0.00	
Membership - GCG Fees	2,352.00	
Membership - Other	<u>100.00</u>	
Membership - Subtotal		141,461.63
Technical Director - Subtotal		23.28

Team NS - Provincial Suits Total	0.00
MPC Pathways - Subtotal	-3,021.00
WPC Pathways - Subtotal	-3,167.50
TTTC Pathways - Subtotal	-1,054.79
Men's Prog Cte - Subtotal	0.00
Men's Officials tax expenses	-2,038.52
Women's Prog Cte - Subtotal	-2,230.00
Women's Officials tax expenses	0.00
Trampoline Officials tax expenses	-1,110.40
Trampoline Canada Games total	0.00
BOD/Exec Meetings - Subtotal	182.71
GNS AGM - Subtotal	31.29
GCG Other Mtg - Subtotal	335.34
Tumblebugs - Subtotal	19,466.68
Administration - Subtotal	7,813.04
Miscellaneous expense	0.00
<b>TOTAL EXPENSES</b>	<u>286,388.84</u>
<b>TOTAL EXPENSE</b>	<u>286,388.84</u>
<b>NET INCOME</b>	<u><u>129,645.39</u></u>

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# GYMNASTICS NOVA SCOTIA

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## Board of Director's Meeting Executive Director's Report March 5<sup>th</sup>, 2021

The recent lifting of restrictions in the Halifax area as of March 5<sup>th</sup>, has certainly brought some optimism that there may be able to be some live competitions this year beginning at the end of March. I want to once again thank everyone as we continue to work through these unprecedented times. There have been a lot of last-minute adjustments and revisions made as restrictions continuously change and our clubs and membership have been very good to follow them and ask questions if they aren't quite sure on something. Thanks again for everyone's commitment to making this work while also keeping people safe!

### Registrations

The registrations for 2020-2021 currently show a membership total at 4468 with 13 clubs registered and 12 currently operating. This shows a 25.3% decrease from last year's membership at this time. This was expected with Covid-19 affecting all registrations across all sports in the province and country. The current breakdown is as follows:

Club	Members	Club	Members
Titans	1160	Pictou County	122
Alta	1020	Gymnation	102
Taiso	758	Empire Gymnastics	100
CBGA	429	Valley Cheer	32
Spartans	304	Jump To It Trampoline	27
Rainbow	219	Association de Clare	5
Athletics Gymnastics	186	Independent	4

**Final to date for 2020-2021**                      **4468**

Numbers from March 1st, 2020                      5983

**Decrease by 25.3%**

### GNS Policy Legal Review

This review has been completed by Sport Law and Strategy Group and the changes to the policy manual have highlighted and distributed to the board and will be distributed again for today's meeting. I have also distributed the suggested changes regarding a "Member in Good Standing" as advised by Sport Law for this meeting. Once the changes are agreed to and motioned by the board, I will complete the final report to the Support4Sport program to access the final 20% of the \$2500 funding grant.

### Funding Program Updates

- **Department of Communities, Culture & Heritage**
  - Sport Development Tool – Outcomes
    - Draft of new outcomes for the 2021-2022 fiscal year were posted on our google drive as required for our February 15<sup>th</sup> deadline. The draft outcomes have been accepted by our Sport Consultant and are being distributed as part of this meeting package. One of the outcomes indicates that 2 board members should be identified to be involved in the annual planning process and the creation and monitoring of the 12 month plan. This outcomes was strongly encouraged by our Organizational Effectiveness Lead. The final Outcomes submission is due on March 31, 2021.
    - Report on 2020-2021 Outcomes was due on March 1<sup>st</sup>, 2021 and is complete.
  - Block Funding - \$55,000 for April 2021 and April 2022 (due to the delay in the next Sport Development Tool)
  - Tumblebugs –\$40000 funding was received in May for the 2020-2021 fiscal year and a report will be required for the Department in March 2021.

- I have applied for additional federal Covid funding through the Department of Culture and Heritage. This was due January 15<sup>th</sup> and early discussions indicate that GNS should receive funding in this phase based on the formula used for calculating revenue loss.
- **Support 4 Sport**
  - Coach Employment Program – this program continues to fund \$35000 of the Technical Director salary and has been very beneficial to GNS. This will continue in the current terms of the agreement for an additional year until 2022-2023 due to the delay in the Sport Development process. As indicated previously, as we currently receive money through CEWS for the Technical Director salary, this portion needs to be returned to the Support4Sport program (current amount being returned from first 10 periods is \$16745)
  - Participation Funding (currently \$20,000 annually) – I still haven't received information on our annual PSO member data upload report from our 2019-2020 membership and when it is due. This is usually due in January or February and is a requirement of this funding.
  - Performance pathway funding (NSPPI) - currently \$30,000 annually. David and the committee chairs continue to keep this up to date as required to maintain this funding level.
  - PSO Project Applications –available to apply on a monthly basis
    - \$2500 approved for legal assistance for Policy Manual review in September – received \$1800 to date with final report due once policy manual changes are complete
    - Application for assistance with hosting competitions was prepared and submitted by David Brown for the February 15<sup>th</sup> deadline. We have not received word on whether any funding has been received.
  - High Performance Coach Applications to date
    - David Kikuchi approved for \$1500
  - Individual Coach applications
  - Individual Officials applications
  - Athlete Tier Funding - 2020-2021 applied for to date –
    - Amounts submitted and approved to date
      - Kai Dwyer – approved \$1500
      - Ellie Black – approved \$6000
      - Denelle Pedrick – approved \$750
      - Jordyn Ewing - approved \$750
    - Tier 6 (PSO Funding Card 2020-2021) – due March 15<sup>th</sup>
    - Ignite Program recommendations

#### Covid funding

- CEWS received for the first 11 periods (March to January): \$64881
  - In the most recent months (December and January) the amount received per month was down to \$991.61.
- S4S Covid funding received (May) to cover fixed expenses after revenue loss: \$3062.33
- Applied for Federal funding for Gymnastics NS through the Department of Culture & Housing program. \$2000 will automatically be received by each PSO with possible additional funds based on percentages of revenue loss. There were a total of 3 application periods for this but we were recently informed that they will be administering period 2 and period 3 together.
- CEBA Loan – the additional \$20,000 CEBA loan was approved by the membership and we have received it.

Respectfully Submitted:

Angela Gallant, Executive Director



# **GYMNASTICS NOVA SCOTIA**

## **Technical Director Report**

Date: March 5<sup>th</sup>, 2021  
To: Angela Gallant – Executive Director- Gymnastics Nova Scotia  
Cc: Board of Directors - Gymnastics Nova Scotia  
From: David J Brown – Technical Director – Gymnastics Nova Scotia  
Subject: TD report

The following is a description of some of the activities the Technical Director has been involved over the past few weeks.

### **Coach Training**

The Foundations Artistic course is now complete. The final module took place February 28<sup>th</sup> at GymNation Gymnastics Club in Elmsdale. Despite the challenges the coaches performed well and made every effort to adhere to Covid protocols. 21 Coaches completed the training representing clubs from PCGC, CSGC, GymNation, Taiso, Rainbow Riders, Halifax Alta and Dartmouth Titans. Thank you to GymNation for providing the venue.

### **Tumblebugs programing**

Crystal and I met to continue planning/developing Tumblebugs program updates and next steps for promotion to educators in the school system. We also continued the development of a seniors' gymnastics program that would target mobility, falls prevention and improving spatial awareness.

### **Recreation Programmers meeting**

-This meeting took place January 29<sup>th</sup> and we had representation from:

- St FX University Club,
- Halifax Alta,
- Dartmouth Titans,
- Pictou County Gymnastics Club,
- Cobequid Spartans,
- GymNation
- Jump2it

The topics were distributed with the agenda and folks came to the meeting with some great feedback.

The topics discussed were:

- How are you/your club doing?
- Gym Week - Thoughts, ideas?
- The Can Gym revision – where is it now?

- Symposium – Can we go virtual?
- Gymnaestrada – Can we go virtual?
- Coach education
- Other – What are issues you are dealing with where we may be able to assist?

The meeting was recorded, and I have prepared a summary of the meeting. Relevant to this board meeting were discussions around the Gymnaestrada and the symposium.

### **Gymnaestrada**

The consensus about the Gymnaestrada from those present is that while it is a good idea and something that has been thought about, the challenges to move forward are concerning. Coaches made it clear that if they were to do this, they wanted to do it well. Some of the concerns were.

- This is a new project and the learning curve is steeper for some clubs
- 3 of our member clubs are unable to attend due to the impact of the shutdown on their program.
- Most clubs identified a lack of staff to take on the demonstration team.
- Who should make up the team – it was mentioned that this should be decided in advance so clubs were on common ground.
- Finding Gym time to train the routine- many clubs are already busy and trying to make up for the impact of Covid shutdown.
- Where will it be? - Currently we are not able to use schools due to Covid restrictions.
- Equipment- Where will the equipment come from?
- Too close to end of competitive season

At this point the only option I can see is to ask a club play host and as this event is as much for the spectators as it is the gymnasts, it needs to be a club with a large viewing gallery. At this point we do not know what we will be able to allow for spectators.

We are getting to a critical point here where we need to decide about a 2021 Gymnaestrada.

I distributed a copy of the draft “getting started” manual for Gymnaestrada for feedback. At this point I have only heard back from one club.

### **Coach Symposium**

There was significant discussion around this event. The structure of the symposium was discussed. The majority felt that the symposium was better in person however with Covid this may not be possible or if it does run, the numbers will be limited. Based on where we are now that may not be a problem.

Virtual symposium – the benefits of this are that it is Covid friendly, requires little travel and many topics are suited to this format. It was pointed out that to do online presentations well took a lot of work and effort on the part of the presenter if they wanted to really engage the audience. “it takes a heck of a lot of effort to put a personalized touch on a zoom presentation” it was also mentioned that it was discussed that sitting in front of the computer for multiple hours not desirable. We do have the zoom capability to do this virtually.

A combination of online and in person events spread out over the week. This idea has many merits as it allows for flexibility for presenters, does not take up a whole weekend in a gym. Other things noted were:

- Specific sessions and times for Recreational coaches, for WAG, for MAG and T and T

- If it is online, some identified it should run over a week. If you miss a session, then have it recorded.
- Location – HRM tends to be the most central for the Province. We will need facilities to host.

Perhaps the easiest is the topics. We had a variety of topics offered:

- Safesport –For Coaches /Parents Athletes board members – It was noted that Safesport at the National level,” we thought we did lots of education, but it turns out more still needs to be done. Many are still missing the point.” If that is the case Nationally, we can assume it is the case here as well.
- Class management – how to manage different personalities and behaviour issues.
- Landings
- Injury prevention
- Mental health for gymnast/coaches/parents – frustrations with forced time offs.
- Covid friendly games
- What makes you a good coach - your influence on your gymnasts?
- Looking after you the coach
- Symposium as more than just coach education what about online for parents i.e nutrition
- Power dynamic between younger coaches and older athletes and the social fraternization
- Anxiety in sport dealing with stress.
- Clubs outside of the HRM like the virtual idea as it is hard to get young coaches to attend.
- Discussion on CanGym -how clubs are managing – how you test, how to coach and test at the same time. What will the new CanGym look like?
- Error detection and correction in basic skills and how to build a lesson plan to help problem solve.
- Progressions for skills considering LTAD
- adapting equipment.

At this point we can anticipate having the Atlantic bubble open for May (fingers crossed) If that is the case, we can draw presenters from across the region. I am working on what this would look like as a symposium. It is highly unlikely we can bring in folks from outside the Atlantic Canada region.

### **GNS Banners-**

I updated the GNS member banners to reflect the updated GNS values and to include reference to Safe Sport. The banners have been received and are being delivered to clubs over the next few weeks.

I submitted the grant application seeking to support Clubs with Live streaming for competitions leading up to and Including Atlantic Championships. I am continuing to work with SNS staff on the final product.

There have been a fair number of zoom meetings with GCG and Sport NS. I have been helping coaches figure out Locker issues. It is great to connect with them. I am starting to do club visits again and I continue to go into the office a couple of times a month to deal with badge orders and other assorted office duties.

Respectfully,

David J Brown  
 Technical Director – Gymnastics Nova Scotia