



GYMNASTICS NOVA SCOTIA

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Board of Director's Meeting Friday, May 14th, 2021, 9:30am

Join Zoom Meeting

<https://us02web.zoom.us/j/88459302780?pwd=Q2c5cVY1U3hZam9GYlh4cE1jTIVxdz09>

Meeting ID: 884 5930 2780

Passcode: 250890

Final Minutes

- 1. Call to Order - 9:33am**
In attendance: Susie Gallagher – Chair, Ted Higney, Abby Murrin, Thorne Sutherland, Michelle DeBay, Cathy Huntington, Kirsten Mercer, Stewart Gunn,
Staff: Angela Gallant- Executive Director, David Brown- Technical Director,
Regrets: Carol Anne Prost, Sherry Watters, Nick Lenehan, Eleanor Melrose, Jason Macleod, Megan Looke
- 2. Approval of Agenda**
Motion to approve the agenda
Moved by Ted Higney, 2nd by Cathy Huntington
All in favour
Motion passed
- 3. Adoption of Previous Minutes – April 30th, 2021**
Motion to adopt the previous minutes – April 30th, 2021
Moved by Stewart Gunn, by 2nd Cathy Huntington
All in favour
Motion passed
 - Business Arising
 - Action items

Updated Action Angela and Carol Anne will have a discussion regarding last year's GNS awards and how many nominations were put forward this past spring.

Updated -Michelle DeBay is now in this portfolio. Nominations (for last year) have been received from MAG and T and T still waiting for WAG. Ted will provide this to Michelle.

Programs committees to get information from last year to Michelle if they haven't sent anything in.

It will be difficult to do anything for this year as there have only been 2 competitions. Award nominations were sent out last year but due to the timing of Covid and Provincials, there were limited nominations. They were due in late February 2020. A zoom awards in June/July/August could be an option or the fall.

It was asked if there anything we could do as an award that would acknowledge Maia? (Debbie Rudderham Award was suggested)

Amanda Forester Award- no nominations received last year

Spirit of Gymnastics Award? – Look at the possibility of this as a new award

There was discussion around the current intended award recipient for the Officials reward. The board really wants to see this happen. There were questions about what we intended to do when this award was presented.

Action -David to follow up on what the intent was for the "Officials Award"

There was more discussion about the timing of this combined awards. It would be a very tight timeline to make this work in June or the summer. It was decided that the awards will not take place until the fall. Program committees are to review the nomination forms and put forward nominations forward.

Action – Angela and Michelle to update the nomination forms and Angela will send them out to committees and clubs with a late June deadline.

4. Covid-19 Updates

- Return to Play document – changes
 - Information from Sport NS indicated a possibility of starting practices/training in June with July as a possibility for competitions/games. Once things start to open up, it will most likely be faster than last time. (this could all change depending on case numbers)
- Return to Competition – Operational Plan changes -Nothing at this time.
- CEWS funding – Period 14 - looks like we will get similar to period 13 for period 15. Period 15 is open now and Angela indicated that she was unsure of the amount we might get
- Federal Funding for CSO's And PSO's
 - 4 member clubs applied and received CSO funding in phase 3 as follows:
 - Titans \$7,500.00
 - Alta \$7,500.00
 - Cape Breton \$7,500.00
 - Spartans \$3,000.00
 - Angela reported that we should see this CSO funding come to GNS sometime next week and she will distribute the appropriate cheques to the 4 clubs once it is received.

5. GNS Provincials

The general consensus was that we will have to cancel Provincials. Rushing to prepare the athletes to compete will serve no benefit to anyone and possibly be more harmful.

Motion It was moved that due to the Covid shutdown of GNS clubs, the 2021 Provincial Gymnastics Championships will be cancelled. All registration fees will be returned to the clubs.

Moved by Michelle DeBay, 2nd by Cathy Huntington

All in favour

Motion passed

Action: Angela to post this information on the GNS webpage

6. GNS Membership update – 2020-2021 -no changes from last meeting

7. GNS Strategic Plan / 2021-2022 Outcomes – nothing new

8. GNS Financials

- **2021-2022 Working Budget** – No changes at this time from the last meeting.

Action: re: \$15000 in flight credits - Sherry and Angela will check further with Joanne to see if we can get this back through credit card as opposed to holding the flight credits.

Update: West Jet gave us our \$4,500.00 credit back and this will show up in our financials.

We still have a \$10,500 flight credit from Atlantics through Porter Airlines. Angela will take this forward into this year as prepaid. Hopefully we can get it back but if not, the credit will go towards a future Atlantics or Easterns.

9. Safe Sport Policies and Policy Manual

Action - Angela and Nick reviewed the changes made to the Policy manual document for the BOD. Any changes were highlighted and there were not a lot of changes required. Most of the changes revolved around formatting and clarification. One item for the board to note is that at the top of the newer policies we list all the related policies. Everything approved at the last board meeting is good and will be updated by Angela. **Policy Manual update is complete and posted on the webpage.**

Action – Angela to distribute motioned Bylaw change as a special resolution to the membership 30 days prior to the AGM

Angela asked if there were any further changes to the Bylaws prior to them being sent out for a special resolution for the AGM. No further changes and Angela will distribute special resolution today.

10. Reports

- a) Chair & Uniforms – Susie Gallagher – Suits are ready to be made as soon as we are ready - Nothing to report. Angela let the board know that we have 54 new jackets in the office. Company indicated that these were the replacement suits but they are actually the order they processed last year. Leave these for next year. Angela asked if anyone was looking for replacement suits and these have not been asked for within the clubs so we will leave this for now.
- b) Vice Chair & Covid Safety – Carol Anne Prost - Absent
- c) Executive Director – Angela Gallant – nothing new to report

d) Technical Director Report – David Brown - nothing new

Action David will send out the Coach exemption form to the Program chairs for comment and report back to the next meeting.

Updated coaching standard form - the one found in the current policy manual does need to be updated to reflect current coaching standards. This form needs to be reviewed with the needs of GNS in mind. A committee made up of Nick Lenehan, Stewart Gunn and Susie Gallagher will review exemption form and Coaching standards chart for the next meeting.

Action David will set this up.

e) Treasurer – Sherry Watters -absent – no report

f) Director – Secretary – Cathy Huntington – nothing to report

g) Women's Program Committee Director – Ted Higney - Congrats to Ellie Black for winning Elite Canada and Autumn Brown from Titans' for her 9th place finish all Around and winning vault in the Novice Challenge.

h) Men's Program Committee Director – Nick Lenehan -Absent - Nothing at this time

i) Trampoline/Tumbling Tech Committee Director– Thorne Sutherland - Nothing at this time

j) Education/Recreation Director – Megan Looke -Absent - No report

k) Social Media Director – Abby Murrin -Nothing at this time – Susie will send a picture to Abby re: Autumn's recent success.

l) Safe Sport Director – Jason MacLeod -Absent - Nothing at this time

m) Special Events Chair – Eleanor Melrose - Absent- Nothing at this time

n) Competitions Director – Stewart Gunn and Kristen Mercer -Nothing at this time

o) Awards Director – Michelle DeBay -Nothing else at this time

11. New Business

- **Parent and baby class** – Angela has had a couple of clubs recently ask about this and she has brought it to our insurance broker. He was cautious about it but said he could ask GameDay about it if we wished. Clubs think this is important to pursue. Angela is waiting for a reply.

Update: They can support it but need a full operational protocol for the activity. Does it fall under GNS sanctioned activity? GNS will need a category for programs under 1 year old put in place to describe the level of activity.

Action item: To identify the activity and what is expected in this category and include it in our policy manual.

The following was prepared by staff to be sent to the insurance company as a descriptor.

0 – 2 years

30 -45 mins.

LTAD stage – Active start

Gymnastics is a foundation sport and many of the activities found in a gymnastics program are based on the natural developmental milestones children progress through as they develop. Gymnastics programming for infants (up to age 2) should include a parent or caregiver and should be limited to 30 – 45 mins of activity. The activity should be focused on a multi-movement approach using music, obstacle courses that target gross motor movements and allow the participant to explore activities such as hanging, rolling, crawling, walking, balancing, bouncing, throwing, and catching and general object manipulation. Focus is on Fun and exploration. Parents should be reminded that their role is to be encouraging and safety focused. They are not trained coaches and should not be trying to teach gymnastics skills.

Program coaches should be Active Start trained.

Supervisors should be Foundations certified as per GNS policy

Facilities should be reminded that their gym may not be ideally suited for this age group and to be aware of areas that should be considered high risk for this age group i.e in ground trampolines with exposed springs, pits etc.

The GNS board felt that this should be fine to use.

Action: Angela will send this off to our insurance broker to forward to insurance.

- Angela noted that Dynamo owes GNS approximately \$5500 approx in registration fees from last year (2020-2021). They registered their club and coaches by October 2019 deadline but not their athletes until February 2020. They didn't send payment for their athletes and then Covid happened. We have reached out to them multiple times seeking a resolution but have had no replies from them. This balance is now recorded in our accounts receivable. We need to tighten up to ensure that clubs aren't operating (under GNS) when not in good standing.

Motion: It is moved that Dynamo Gym Club is now considered “not in good standing” due to non-payment of membership fees for 2019 2020 registration year. In order for Dynamo to be reinstated it will require a motion from the GNS board reinstating their “good standing” status.

Moved by Cathy Huntington, 2nd by Ted Higney

All in favour

Motion passed

12. Review of Motions and Action items

13. Next Board of Director’s meeting date and AGM (date and other)

AGM – A date in June will be determined through doodle poll (3rd week)

Based on the results of the doodle poll, the GNS AGM will be Sunday, June 13th at 6:00pm. The Board will meet at 5:00pm before the AGM.

A volunteer nominating committee lead was requested – Michelle DeBay volunteered to reach out to the people in the current positions and to reach out to clubs to see if anyone is willing to put their name forward. Staff have offered their assistance as required.

14. Adjournment – 10:46 am

Motion to adjourn at 10:46am

Moved by Ted Higney, 2nd by Cathy Huntington

All in favour

Motion passed