



# GYMNASTICS NOVA SCOTIA

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## Board of Director's Meeting Sunday April 10<sup>th</sup>, 2022, 8:30pm Zoom Meeting

### Minutes

**Attendance:** *Susie Gallagher, Sherry Watters, Carol Anne Prost, Michelle DeBay, Vaughn Arthur, Eleanor Melrose, Cathy Huntington, Stewart Gunn, Jason MacLeod, Melissa Cruickshank, Staff: Angela Gallant*

1. The meeting was called to order at 8:40pm
2. **Approval of Agenda**  
**Motion** to approve the agenda  
Moved by Cathy Huntington, Seconded by Stewart Gunn  
All in favour  
Motion Passed
3. **Adoption of Previous Minutes – March 6<sup>th</sup>, 2022 and March 18, 2022**  
**Motion** to adopt the 2 sets of previous minutes (March 6, 2022 and March 18, 2022)  
Moved by Michelle DeBay, Seconded by Cathy Huntington  
All in favour  
Motion Passed
  - Business Arising
  - Action items

**Updated Action** - ED - Awards nomination for 2020-2021 sent out to clubs and committee chairs – no responses. Regarding S4S Awards for 2021-2022, the nomination deadline is April 5<sup>th</sup>, 2022. Angela will send call for nominations out for the volunteer & official of the year award and any others that we might present at Provincials. All S4S Award nominations will need to be in for April 5<sup>th</sup> but we could delay other awards. Looking for assistance with the S4S award submissions. Program Coordinator can help by working with the committees on collecting this information for athletes of the year, coach of the year, etc.

**Update** – GNS submitted Support4Sport nominations to Sport NS for the Support4Sport Awards in the following categories: Senior Female Athlete, Senior Male Athlete, Junior Female Athlete, Junior Male Athlete, Coach of the Year, Official of the Year, Volunteer of the Year

**Action** New Awards person to add 'Spirit of Gymnastics Award' to list of award categories and create a list of criteria – position is still unfilled. If the Awards board position does not get filled, can we reach out to Kim B. for criteria/input on award? Award could be presented at Provincials. Susie to follow up with Kim B Award nominations could go out with others in March – Carol Anne willing to help if needed.

**New Action** - Susie to follow up for next meeting. Susie reached out to Maia's parents for wording/help

**Update:** This has been completed and information has been received from Kim and Maia's parents.

- A discussion on awards took place and confirmed that 5 big awards (Official of the Year, Ernie Landry Volunteer of the Year, Debbie Rudderham Fair Play Award, Amanda Forster Award, Spirit of Gymnastics Award) would be presented at provincials including a Lifetime Achievement Award.
- The Amanda Forster Award nomination deadline is Monday, April 18<sup>th</sup> and the Trampoline & Tumbling Committee makes this selection.
- For the Debbie Rudderham Award, the deadline for nominations is Monday, April 18<sup>th</sup>. A committee will be created by Angela pending the nominations received in order to ensure an unbiased decision. Staff can also make this decision if necessary.

4. **GNS Board**

• **Vacancies and/or Director/M@L assignments**

*Still technically 3 openings on the board. Ed/Rec Chair, Past President (Inactive) and Awards Member at Large position, 4 Member at Large portfolio's currently filled with dual roles of Executive positions.*

**Continue to keep this in mind as we approach the GNS AGM**

5. **Covid-19 Update**

- Return to Play and Return to Competition documents – Not currently in place due to provincial regulations
- CEWS funding
  - Period#'s 24 & 25 open for application – Angela to see if we qualify for these periods as well as period #26.
- Other

Things are going well with the clubs without the required provincial health guidelines. Clubs still have their own policies in place and this has been working out well in clubs.

6. **Competitions and travel**

• **GNS Provincials 2022, Titans Gymnastics and Trampoline Club (all disciplines) – April 22-24, 2022**

Things are in place for Provincials coming up in a couple of weeks.

• **Atlantics – April 29-30, 2022 Summerside, PEI**

A discussion took place on how to best fund coaches and judges to Atlantics. Angela presented some numbers as to the estimated expense of each coach/judge that will be funded to go. Committees will name the coaches and then have claim forms for those going as a team coach. These will be looked at by the committees to determine if all seems reasonable with submitted claims.

All agreed that Chef/Managers would not be required for this event since we are not doing team travel.

Atlantics Coach expenses	Price		#Days		# of people	Total	
Registration fee	\$85.00				1	\$85	per person
Accommodation	\$ 150.00	per night	3	\$ 450.00	2	\$ 225.00	per person
Travel	\$ 219.00	rental					
	\$ 50.00	bridge					
	\$ 120.00	Gas					
		total		\$ 389.00	4	97.25	per person
Meals	\$ 50.00	day	3	\$ 150.00	1	150	per person
						<b>\$557</b>	<b>per person</b>
<b>Atlantics judge expenses</b>							
As above, less registration						<b>\$472</b>	<b>per person</b>

• **Canadians 2022**

i. **WAG and MAG Canadians – Richmond, BC May 26-30<sup>th</sup>, 2022**

Angela and Michelle to send out forms once prices confirmed. They will be due a couple of days before Cdns registration is due.

Chef/Manager positions –

**New Action:** Committees will confirm manager for each MAG and WAG that can possibly coach too. Angela to send out call for chef position for Canadians with deadline date of Friday, April 15<sup>th</sup>.

ii. **T&T Canadians –July 21-24, 2022 - Location hasn't been confirmed that we are aware of.**

**Action** – *Virtual meet proposal – Kristen to look at virtual meet guidelines and to bring a proposal to next board meeting. Update: Not required right now as competitions have started again. Would be nice to still have a proposal with guidelines in case someone still wants to host a virtual meet. Kristen to look further at this.*

Discussion took place regarding a virtual fun meet that Gymnation has planned. Information has been sent to clubs even though no sanction has been submitted and competitive levels are involved.

**New Action:** *Susie will contact Gymnation about this meet as there has been no sanction submitted and competitive levels are involved. A zoom meeting will be set up to involve Susie, Carol Anne, Michelle D, and Brenda Carmichael.*

## 7. Nova Scotia Gymnaestrada

### • GNS Gymnaestrada Sunday, June 26th, 2022 - possibility of adding awards Gala

**Action** *Nominative registration – April 1<sup>st</sup>*

Michelle sent a call out for interest with an April 8<sup>th</sup> deadline. She sent a reminder on April 8<sup>th</sup> and hasn't had response from clubs. This was discussed and it seems that the overall interest is there but clubs have been too busy and might not have been able to reply

## 8. Nova Scotia Coaching Symposium – September 10-11<sup>th</sup>, 2022

**Action** *TD meeting with Eleanor to create a draft schedule*

All seems to be in order and some people in place

Jason has a safe sport type presentation that he would like to present. He will contact Michelle Pothier.

## 9. GNS Financials

- **Scotiabank Credit cards** – Angela/Michelle (GIC required for amount of limits on cards)  
GIC okay for \$10,000 for the hold on the Scotiabank card. Angela indicated she would apply for the cards that have a smaller annual fee since the limit is smaller and less transactions will go on these cards.
- **AMEX with larger limit – just have one AMEX card**  
Angela has started the application process with Susie to determine the best AMEX card to apply for
- **Investments -**
  - **\$80,000 (\$70,000 from reserve fund and \$10,000 hold for credit card) to go in a GIC for 12 months**
  - **\$50,000 from reserve fund to go in GIC for 6 months**
  - **\$40,000 from CEBA loan to invest for 6 months**

## 10. GNS AGM – 2022 – June 25<sup>th</sup> weekend in conjunction with Gymnaestrada – Time TBA

## 11. GNS Strategic Plan / 2022-2023 Outcomes – 1<sup>st</sup> draft due February 28<sup>th</sup>, 2022 (Final due March 31<sup>st</sup>)

**Action:** *Angela to work on these with Michelle, Susie & Carol Anne with input from program chairs in certain areas. Will be presented at the next board meeting.*

*Angela went through the draft outcomes with the board (attached) and asked for suggestions for change. Board felt that what was presented covered what was needed for this year and was along the right track. If Mike Hudson and/or other leads feel that there is anything that needs to be changed, Angela will bring this back to the board.*

**New Action:** *Angela and Michelle P to send GymCan concussion policy and any others that Michelle Pothier might have to Carol Anne Prost for review.*

## 12. Reports

a) President & Uniforms – Susie Gallagher

Uniforms:

**Action:** *procure a \$40-\$50 suit from Lise, parents would order the suit even if the athlete didn't make the team, could be used for training. Susie will look into a new Team NS suit for Canadians along with Stephan for MAG and Stewart for T&T. Susie to talk to Ian and Stephan to see what they want to do for Atlantics. Susie to contact Dan Gordon about ordering more track jackets and how long it will take. If we can get these in time, GNS will circulate an order form for Track Jackets to clubs.*

**Update:** *Susie didn't get a response from Dan regarding the track jackets. For now, we will try to sell jackets that are in GNS office to outfit Canadians participants first.*

*Suits for WAG and MAG have been ordered for Atlantics and clubs will be invoiced for suits ordered for athletes in their clubs.*

*Tshirts have been ordered for Atlantics team members and these will be covered by GNS.*

Other:

**Action:** *Susie to work with Michelle Pothier and program committees to ensure we have combined technical manual with separate sections for each discipline with more specific rules.*

**Action** *committee to review coach training requirements, and update Policy Manual*

Angela and Susie expressed their sympathies and shared some ideas for GNS to recognize Keiji Yamanaka's contributions to gymnastics in Nova Scotia. A possible GNS Scholarship in his name or a Club of the Year type of award were suggested. Mary Kikuchi will share these ideas with a few people and advise on what they feel might be best.

- b) Vice-president & Covid Safety – Carol Anne Prost – no report
- c) Executive Director – Angela Gallant – report attached.
- d) Technical Director Report – Michelle Pothier – report attached
- e) Treasurer – Sherry Watters – no report
- f) Director – Secretary – Cathy Huntington – no report
- g) Women's Program Committee Director – Michelle DeBay

Artistic Canadians 2023 in Saskatchewan (location TBD), Elite Canada 2023 will be end of January because of Canada Games, 3 recent competitions held in NS - thanks to judges for long hours and thanks to Kristen for all her work

h) Men's Program Committee Director – Vaughn Arthur  
Shuffled committee around and Vaughn is now Chair, MPC approved Martha Purdy as team physio for Canadians and cost share her expenses, dropped qualification scores, virtual meet was held in place of Elite Canada and 3 NS athletes participated (Evan Fedder, Evan Huber and Matthew Brown), currently trying to organize consistent cross-country rules, 2 FIG judges in NS - Kelly and Vaughn. Looking at budget to get a handle on this and where best to use the money.

i) Trampoline/Tumbling Tech Committee Director – Stewart Gunn  
Bronze medal at Elite Canada in trampoline for Abigael Brownell and 10<sup>th</sup> place finish for Amy Garrett, will ratify some committee position changes at next meeting, figuring out budgeting for upcoming year, Martha agreed to do some sort of super camp in fall - set it up for 3 disciplines for Cda Games

j) Education/Recreation Director – Vacant

k) Social Media Director – Abby Murrin

Abby busy with getting information posted

l) Safe Sport Director – Jason MacLeod

Possible symposium safe sport session, also looking to do a safe sport summary for anyone going into CIT so they have some starting information (what is expected of you, this is what you should expect and look for)

m) Special Events Chair – Eleanor Melrose - nothing further

n) Competitions Director – Kristen Mercer (absent)

o) Awards Director – Vacant

## 12. New Business

- Tier 6 Funding card – complete (Evan Huber)
- Canadians Fund - \$27905 currently in this

**Motion:** That \$500 of Canadians fund be directed to each athlete going to the Canadian Ch'ships in 2022.

Moved by Michelle DeBay, Seconded by Vaughn Arthur

All in favour

Motion passed

## 13. Review of Motions and Action items

14. Next Board of Director's meeting date – Angela to do a doodle poll to see if May 13<sup>th</sup> (9:30am) or May 15<sup>th</sup> (8:30pm) works better.

## 15. Adjournment

**Motion** to adjourn at 10:50pm

Moved by Stewart Gunn, Seconded by Cathy Huntington

All in favour

Motion passed

2022-23 Outcomes - Organizational Effectiveness Pillar				
Ranking	2022-23 Identified Outcomes (Priority - Action)	How was this outcome identified? Please indicate SDT indicator that this outcome addresses	Resources and supports needed to achieve this outcome	Timeline
indicate the level of priority this outcome has as it relates to the other outcomes in this pillar.	These are your core priority or actions for the year. These need to follow the SMART format. Outcomes should be brief and clear with measurables.	What indicator of the SDT does this outcome impact, what strategic goal of the organization does this outcome support?	Does this outcomes require project funding to occur, does it need budget allocation or staff / volunteer time to be accomplished.	Be specific, when does your organization plan to impact this outcome?
1	Begin implementation of membership database program called Uplifter.	Overall database management to improve efficiency. This system will put more onus on the clubs to enter the required information so that GNS does not have to duplicate the work involved. It will also be a great resource for clubs to improve the efficiency of their club registration and management.	Yes, project funding will be requested in the first year of implementation. Staff time may be more in the first year of set up but following the first year, the time spent on the registration process will be substantially less.	Club registration for the 2022-2023 membership year. This begins in September 2022.
2	Have an expert present a formal session to all current board members on effective boards at the GNS Symposium and/or investigate the use of the recently CCES launched <i>Governance Essentials</i> – a comprehensive new e-learning course designed to enhance the knowledge of Directors who volunteer on Boards. <a href="https://cces.ca/governance-essentials">https://cces.ca/governance-essentials</a>	Part of our strategic plan. Process as part of maintaining a complete and effective Board of Directors.	Requires volunteer time Funding assistance required if an expert does a session at symposiu. If doing the 3 hour CCES Governance Essentials Course, the cost would be \$49.95 plus tax per board member (approximately \$800)	Executive Director and at least one board member will investigate a "Try It" option for Governance Essentials by June 30, 2022 and provide report to GNS Board.
3	Improve functioning of program committees by combining sections of committee program manuals for consistency in operations and separating out specific technical rule sections.	Improving the functioning of program committees was identified as a specific action item in our strategic plan.	Staff and volunteer time required	
4	Encourage club participation in pilot project for the Community Sport Development Tool and assist where required	Impacts club growth and development		
5	Continue to increase savings in the form of a reserve fund.	Organizational excellence/stability		
	Continue to maintain open communicaiton by hosting bi-monthly conference calls for Presidents/Club representatives			
	Investigate creation of a GNS Competition Hosting Policy Manual.			
	Develop Concussion Policy			

2022-23 Outcomes - Participation Pillar				
Ranking	2022-23 Identified Outcomes (Priority - Action)	How was this outcome identified? Please indicate SDT indicator that this outcome addresses	Resources and supports needed to achieve this outcome	Timeline
indicate the level of priority this outcome has as it relates to the other outcomes in this pillar.	These are your core priority or actions for the year. These need to follow the SMART format. Outcomes should be brief and clear with measurables.	What indicator of the SDT does this outcome impact, what strategic goal of the organization does this outcome support?	Does this outcomes require project funding to occur, does it need budget allocation or staff / volunteer time to be accomplished.	Be specific, when does your organization plan to impact this outcome?
1	Development of an educational video on Safe Sport and the benefits of Gymnastics for life, focus on diversity in the sport	Work to make gymnastics more welcoming and safe to a diverse population including newcomers.	Possible funding required. This is being completed In conjunction with all provinces and Gymnastics Canada. GymCan can provide some funding but provincial funding may also be required.	This project has been started with Gymnastics Canada and the provincial/territorial organizations.
2	To host an annual "Gymnastics for all" display (Gymnaestrada). This will be a live inperson event focusing on inclusion and diversity. The theme for the 2022 Gymnaestrada is Gymnastics for All (ages, levels, abilities, identities, backgrounds)	Identified in GNS Strategic Plan but delayed due to covid-19.	This will require significant staff time as well as involvement of the GNS member clubs and funding support to host the event.	The date is set for June 26th, 2022. Solicit registrations by early April. Finalize funding, secure facility and clinicians end of April. Submit PSO project application. Final Registration end of May. Solicit volunteers and final event details mid June.
3	To host annual Coach Symposium with focus on inclusion and diversity.	Identified in GNS Strategic Plan but delayed due to covid-19.	This will require significant staff time as well as involvement of the GNS member clubs and funding support to host the event.	The dates are set for September 10-11, 2022
4	Development of Inclusion and Diversity initiatives to directly target underrepresented groups. Similar to 'Black Rock'	Identified in GNS Strategic Plan.	PSO Project to develop the strategy. Assistance from SNS EDI lead to create plan. Mobile gymnastics program to 2-3 targetted areas.	Strategy development September 2022 for Spring 2023 delivery.
5	To continue with the promotion of Tumblebugs Gymnastics as a valuable tool in Preschool ages physical literacy training and to continue with the development of the Seniors Tumblebugs program.	Identified in GNS Strategic Plan.	Staff time as well as participation by a pilot club. A funding request will be made for assistance with the production of promotional material.	
	Continue revisions as required in the Return to Play plan, Declaration form and Assumption of Risk and Return to Competition for Gymnastics in response to Covid-19 pandemic	Provincial requirements - Covid19	GNS Board and staff work with Provincial Counterparts and GNS program committees to complete and update these documents.	
	Add resources for clubs - Go Ninja,			
	Club awards or club ranking system to reward clubs who offer more diverse programming, host events etc.			
	Work with local Business Development Bank - opporunities for Black, African Nova Scotians, Indigenous, Newcomers to Canada to open new gymnastics club in NS			
	Technical Committees to develop participation strategy.			

<b>2022-23 Outcomes - Coaching and Officiating Pillar</b>				
<b>Ranking</b>	<b>2022-23 Identified Outcomes (Priority - Action)</b>	<b>How was this outcome identified? Please indicate SDT indicator that this outcome addresses</b>	<b>Resources and supports needed to achieve this outcome</b>	<b>Timeline</b>
<i>indicate the level of priority this outcome has as it relates to the other outcomes in this pillar.</i>	<i>These are your core priority or actions for the year. These need to follow the SMART format. Outcomes should be brief and clear with measurables.</i>	<i>What indicator of the SDT does this outcome impact, what strategic goal of the organization does this outcome support?</i>	<i>Does this outcomes require project funding to occur, does it need budget allocation or staff / volunteer time to be accomplished.</i>	<i>Be specific, when does your organization plan to impact this outcome?</i>
1	2022 Coach Symposium - increase participation by 50%	This is an annual coaching event and was identified in the GNS Strategic Planning exercise	Support for Sport funding Club Commitment GNS Board	
2	Safe Sport tracking Tool Pilot with Sideline Learning			
3	Identify gaps in NCCP training through coach levels requirement chart/exemption policy - continue to educate clubs, coaches, HC's regarding certification expectations. Target NCCP courses Comp 2 MAG/WAG, as well as Comp 3 Dev for upcoming national events. Creation of an annual education plan			
4	Working with Andrew Paris to create diverse coaching opportunities for Black, African Nova Scotians, Indigenouse coaches and new comers to Canada. Full subsidies to take training, and partially funded employment?			
5	Officials Professional development day Fall 2022- maintenance clinics, lunch, hotel, spa, workshops, round table - with a main outcome to develop a GNS officials plan that includes: an education, training & maintenance schedule, progressive pay schedule (uniform across disciplines), recruitment plan.			
	Increase LF by 2 for foundations artistic, so that all HRM clubs can run their own Foundations courses each year.			
<b>2022-23 Outcomes - Excellence Pillar</b>				
<b>Ranking</b>	<b>2022-23 Identified Outcomes (Priority - Action)</b>	<b>How was this outcome identified? Please indicate SDT indicator that this outcome addresses</b>	<b>Resources and supports needed to achieve this outcome</b>	<b>Timeline</b>
<i>indicate the level of priority this outcome has as it relates to the other outcomes in this pillar.</i>	<i>These are your core priority or actions for the year. These need to follow the SMART format. Outcomes should be brief and clear with measurables.</i>	<i>What indicator of the SDT does this outcome impact, what strategic goal of the organization does this outcome support?</i>	<i>Does this outcomes require project funding to occur, does it need budget allocation or staff / volunteer time to be accomplished.</i>	<i>Be specific, when does your organization plan to impact this outcome?</i>
1	NSPPI			
2	WAG and TT National Judges course. Provincial Judging excellence initiative			



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## Board of Director's Meeting Executive Director's Report April 10<sup>th</sup>, 2022

### Keiji Yamanaka – 1949-2022

We were very saddened to hear of the passing of Keiji Yamanaka in late March. Keiji has been coaching gymnastics in Nova Scotia since 1983 and was a founding member of the Halifax Alta Gymnastics Club. He coached numerous gymnasts during this time and with his expertise in coaching, he had a lot of success in getting athletes to reach their true potential. Keiji was a member of the GNS Women's Program Committee for 15 years and he became a Gymnastics Canada Life Member in 2015. Keiji was certainly loved by all and he will be greatly missed! We are especially thinking of his Alta family at this difficult time.

### Registrations Numbers

The registrations for 2021-2022 are still coming in and we are in a better position than last year at this time. The current numbers are showing to be 6476. We had 13 clubs operating in the fall but are now down to 12 because of regulations that were in place after Christmas. This shows a 45% increase from last year's membership in early March so quite a bit better than last year at this time. Last year's final numbers for the year were 5778.

The initial breakdown is as follows:

Club	Members	Club	Members
Titans	1711	Valley Cheer	245
Alta	1389	Pictou County	233
Taiso	849	Empire Gymnastics	162
CBGA	657	Gymnation	157
Spartans	449	Association de Clare	60
Athletics Gymnastics	300	Jump To It Trampoline	7
Rainbow	252	Independent	5

<b>Numbers to April 10<sup>th</sup>, 2022</b>	<b>6476</b>
Numbers from March 5, 2021	4468
Numbers from March 1, 2020	5983

**Increase by 45% since March 5<sup>th</sup> last year and an 8.2% increase from March 1, 2020 (pre-covid).**

### Registration System - Uplifter

Michelle and I have had another meeting and this is being set up to be ready to use in June for people registering for the fall programs. Michelle has shared some links with the clubs with webinar information and also information for clubs that may want to use this system within their own club. Please reach out to us if you have questions.

### Funding Program Updates

- **Department of Communities, Culture, Tourism & Heritage**
  - Sport Development Tool (SDT)
    - The Sport Development Tool 2.0 has been completed and the results of the new Sport Development Tool will be released in the fall of 2022. We currently receive \$55000 for Block, \$20000 for Participation, \$30000 for Pathways



- Outcomes – a report on the 2021-22 outcomes was due on March 31<sup>st</sup> and a rough draft of the 2022-2023 outcomes was submitted on February 28<sup>th</sup>. This is still in draft form and will be presented to the GNS board and reviewed by our sport consultant.
  - Block Funding - \$55,000 for April 2022 due to the delay in the Sport Development Tool. Funding for April 2023 and beyond will be determined with the results of the Sport Development Tool
  - Participation funding – \$20,000 for April 2021-March 2022 was received in full and expect funding for April 2022 shortly.
  - NSPPI funding - \$15,000 of our \$30,000 has been received to date for the 2021-22 fiscal year and the final \$15,000 is being released to GNS in the coming days.
  - Tumblebugs –\$40000 funding was received in full for the 2021-2022 fiscal year and Crystal submitted a report to the Department in March 2022.
- **Support 4 Sport**
  - Technical Leadership Employment Program (TLEP)– this program was previously called the Coach Employment Program and continues to fund \$35000 of the Technical Director salary. This continues to be very beneficial to GNS. The program is currently being reviewed by Sport NS but I expect we will continue to be renewed.
  - Participation Funding (currently \$20,000 annually) – our annual PSO member data upload report for the 2020-2021 membership year was completed by the February 15, 2022 deadline.
  - Performance pathway funding (NSPPI) - currently \$30,000 annually. Michelle and the committee chairs continue to work to keep this up to date as required to maintain this funding level.
  - PSO Project Applications –available to apply on a monthly basis
    - an application is being prepared for the purchase of mats for the inaugural GNS Gymnaestrada
  - High Performance Coach Applications to date – 1 application submitted and approved for David Kikuchi for \$2500.
  - Individual Coach applications – no applications submitted to date
  - Individual Officials applications - no applications submitted to date
  - Coach Employment Professional Development application for Technical Leadership Program – Michelle Pothier application approved \$1300
  - Athlete Tier Funding - 2021-2022 final amounts submitted and approved:
    - Ellie Black – approved \$6000 (Tier 1)
    - Denelle Pedrick – approved \$4000 (Tier 2)
    - Autumn Brown, Janelle Nagle, Tessa Zhang, Emily Jones, Evan Fedder – 5 approved @ \$750 (Tier 5)
    - Evan Huber (Tier 6 PSO Funding Card) – \$750
    - Ignite Program recommendations – 5 ignite applicants were approved by GNS in August 2021

### **Covid funding**

- CEWS periods 24, 25 & 26 are now open and I still need to look to see if we are eligible to receive funding in these periods. The amount of CEWs funds that we have received to date total \$107854.
- CEBA Loan –Total loan received was \$60,000 and we will be required to return \$40,000 by December 2022.

Respectfully Submitted:  
Angela Gallant, GNS Executive Director

Date: April 10, 2022  
To: Angela Gallant – Executive Director – Gymnastics Nova Scotia  
CC: Board of Directors – Gymnastics Nova Scotia  
From: Michelle Pothier- Technical Director  
Subject: TD Report



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Updates

**GFA** –

**Gymnaestrada 2022** – plans are underway for the first Gymnaestrada. Feedback was solicited in the fall and date set by the board for June 26<sup>th</sup>.

Proposed venue is Charles P. Allen HS gymnasium

Gymnaestrada is non-competitive demonstration event that celebrates participation, community and promotes the spirit of Gymnastics For All. Clubs create group routines to perform on a carpet floor (non-sprung) surface, with dance and limited acrobatic skills. Groups can be comprised of all ages (7-99), can be co-ed, and should include athletes of all skill and developmental levels. Our plan for this event is to include a choreography workshop in morning for all attending groups where everyone will learn a simple mass routine to be performed at the end of the event!

TD has reached out to RG and they are very interested in participating.

Legacy Project: GNS is proposing to fund the purchase of several strips of carpet floor (6'X42) for this event and to gift the rolls to attending clubs for one year with the possibility of extension. This proposal is tentative and based on anticipated Support4Sport Funding. Clubs would be responsible to pick up the rolls from the event and to keep them in good repair and available for subsequent Gymnaestrada events in NS. In the event that more clubs attend the event and are interested in receiving a carpet roll, a representative of Sport Nova Scotia will select the recipients.

An Intent to register was sent to clubs on April 4<sup>th</sup> and to date there are no responses. Require direction as to whether to move forward on this event as it is included in our strategic plan and requires participation, buy in and support from most of our clubs to ensure success.

## Education - Summary of NCCP courses

	GF Theory	GF Intro	GF Art	GF Tg	C1 Theory	C1 WAG	C1 MAG	C1 TG
Aug 2021 (Titans)	15	15	15	12				
Nov 2021 (Clare)	6	6	6					
Feb 2022 (Cape Breton)	16	16	16					
Mar 2022 (Pictou)					26	18	11	
Mar 2022 (Titans)								5
Apr 2022 (Alta)	31	21	21					
Apr 2022 (AGA)		8	8					

- Proposed courses:
  - o C1 WAG/MAG Titans end of June
  - o C1 WAG CBGA September
  - o C2 WAG/MAG NL end of June
  - o C3 WAG/MAG ON first week of July
- Working on assessing education needs based on compiled results of exemptions from the Comp Committee. Tech Committees can also propose needed courses based on needs within their own discipline and for upcoming meets such as CWG.
- There are Comp Dev Theory module courses available through [www.coachingns.ca](http://www.coachingns.ca) Coaches who need Comp Dev should start taking the courses as soon as they're available.
- Any clubs requiring a Foundations course between May and September should submit a hosting request as soon as possible.

**LMS** – power point delivery only no more hard copy manuals. All NCCP courses will be delivered by a combination of pdf reference material, handouts, and online access to the learning management system. When coaches register for a course, they must include a valid, accessible email. 5 days prior to the course, all names/emails are sent to GCG and invitations to the LMS system are sent out. Coaches must then access the manuals through this portal. Clubs, head coaches, admin should make sure that coaches have accessed all reference material prior to courses.

Following the lead of other provinces, we have a stock of GF manuals that will be used at the courses and returned to GNS. Other printed reference materials, summaries are in the works from GCG.

**CE** – we now have 4 GF Coach evaluators, 3 C1 Coach evaluators in the province and 1 C2 Coach evaluators. There is a clear path for coach evaluations.

- All requests must come through GNS office
- Registration form is completed and submitted with approximate timelines
- CE is secured
- Portfolio, payment, proof of MED online evaluation are sent to the office first, then to CE
- Pre-brief, portfolio assessment and observation timelines established
- Observation video submitted for assessment and debrief.
- Evaluation complete.

This process might seem different from the past, more informal approach to a club visit and a 'sign off' of a coach's competency. This past practice is no longer acceptable and CAC will only approve evaluations completed by a trained CE. There is a fee for the evaluation.

The standard fees for Evaluations are:

Gymnastics Foundations \$80.00 Non-members \$40.00 GNS Members

Competition Introduction \$100.00 Non-members \$50.00 GNS Members

Competition Intro Advanced & Comp Dev \$120.00 Non-members \$60.00 GNS Members

*\*\*Fees do not include any travel or transportation to/from your club if you opt for an in person evaluation instead of a recorded or video submission*

**Foundations Advanced** – many clubs have inquired about this training module. It is still in development. GCG will be sending out RFP's shortly, however, it will likely take 18-24 months to develop the curriculum. In the meantime, if clubs require recreational coaches to teach, spot inversions they will require a Comp 1 in the discipline.

**Other TD activities** –

- **Coach levels summary** - Please note the following summary from the Coach Levels forms submitted this year. The data shows that we are needing to train more Comp 2 coaches and to encourage them to finish the certification/evaluation process.

Breakdown of GNS coaches for 2021-2022					
Foundations	Comp 1 (Intro)	Comp 2 (Advanced)	Comp 3 (Dev)	Comp 4 (Dev Adv)	CIT status
95	28	13	17	2	30
8 certified	16 certified	none certified	13 certified	2 certified	

*\*There are 23 new Comp 1 trained coaches as of March 2022 and 30 new Foundations trained coaches as of April 2022.*

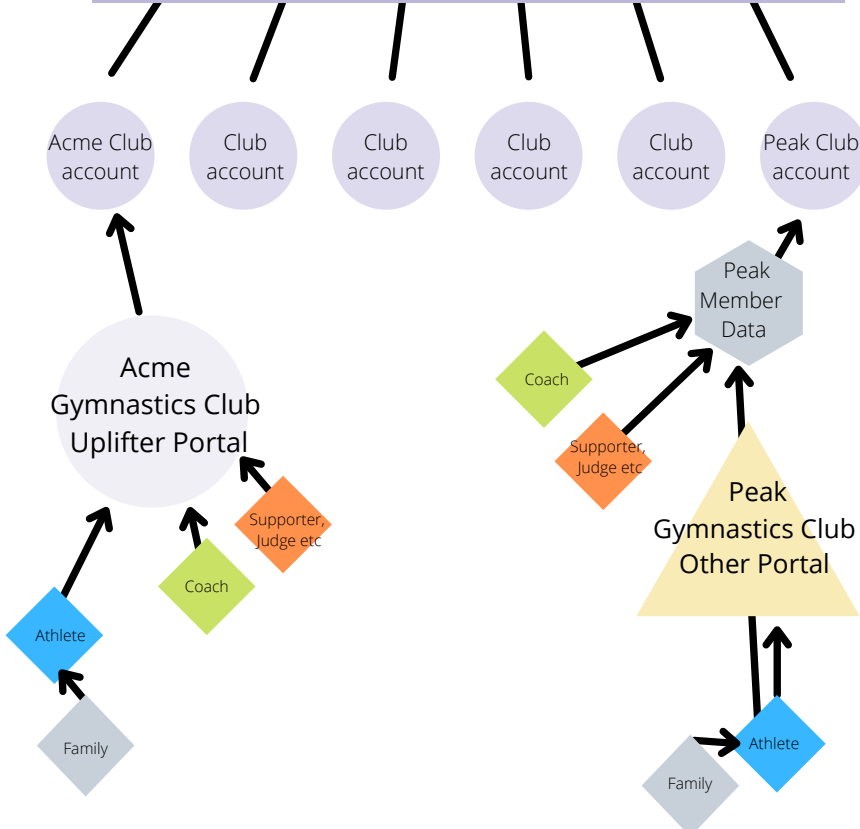
*\*Not all clubs submit CIT or untrained coaches in their coach levels forms.*

- **Uplifter** – most clubs received the links for the most recent Uplifter webinars. I will be working with them to get the registration portal ready for June. Please note the links to the information sessions below, as well as a summary infographic of how the software will work depending for both Uplifter clubs and for clubs using other software or manual registration:
  - 1) Here is the recording to "An Introduction to Uplifter Software" webinar:  
URL: <https://vimeo.com/693709205> Password: 4E2\$iy0VktI^4gBL
  - 2) Here is the recording to "Uplifter's Newest Features" webinar:  
URL: <https://vimeo.com/694134603> Password: 9%T4MEz\* @JF4q%IA

- GNS has accurate, timely, accessible data. Clubs will register all athletes, Coaches and Judges by discipline and role.
- GNS can track invoices and payments quickly and easily.



Club Registration, Athlete, Coach, Judge, Supporter Registration. Event and NCCP Course Registration



### GNS Uplifter Portal

- Clubs are our members
- All clubs will need to have a GNS Account on Uplifter (just like your families have an account on your registration software).
- Clubs import or register all their members, they add their individual participants (just like families add their children to their accounts) and assign roles - each role has a cost: athlete, coach, supporter, judge etc.
- The GNS parent Uplifter portal can push information down to Member Clubs who are also Uplifter users and Clubs like Acme can easily send manage their GNS account by linking memberships directly with programs. Uplifter clubs will register their coaches, judges and supports by discipline and level.
- Clubs who don't use Uplifter will still have an Uplifter account, your account manages your annual club registration with GNS, allows you to upload your member data and will generate an invoice immediately. In the Peak example, data collected from another registration source will be exported, reconfigured then uploaded through the Peak GNS Club account. As well, non-Uplifter clubs will register their Coaches, Supports, Judges by their discipline and level through their GNS Uplifter account.

Respectfully submitted,

Michelle Pothier, TD GNS