



**2022 ATLANTIC
GYMNASTICS
CHAMPIONSHIPS**
Summerside, PEI

Hosted By Saultos Gymnastics Club

April 29-30, 2022

Bulletin #1

Saultos Gymnastics Club alongside Gymnastics PEI is very excited to welcome everyone to the 2022 Atlantic Gymnastics Championships.

Competition Venue:

Credit Union Place - Dome

511 Notre Dame St

Summerside PE C1N 1T2

Equipment:

We will be using the equipment from our gym this year and not renting from Spieth due to shipping costs. 99.9% of equipment is Spieth including all major apparatus and matting.

Accommodations:

Quality Inn Summerside

618 Water St

Summerside PE C1N 2V5

902-436-2295

Very limited hotel rooms available but all Provinces should have their coaches and judges booked already.

Schedule:

Please see attached very tentative schedule as we have no preliminary numbers yet.

Opening Ceremonies:

Opening Ceremonies will take place at 10:45am on Friday between sessions 1 & 2. One male and one female representative from each province must be present for march in. Please send names of participants one week prior.

Waiver and Medical Forms:

Please bring completed medical forms and waivers to the Technical meeting on Thursday evening or submit them electronically prior to Thursday April 28th.

Categories:

WAG Levels 5-10, High Performance Novice, Junior, Senior

MAG Provincial and Elite 1-4, National Open, Junior, Senior

(Due to the lower number of competitions this year we are inviting higher level athletes that would normally not compete at Atlantic's to attend if they wish. One month out from National's could be a good warm up 😊)

Competition Format:

As per GCG rules.

Men's – 15min general format followed by warm up/compete on each apparatus. Warm up time based on 1min per athlete (ie. 6 athletes in a rotation will receive 6mins warm up time)

Women's – 15min general warm up

Vault/Bars/Floor – Block time based on 90secs per athlete Levels 5-7. 2mins for athletes Levels 8-10. (Levels 5-8 max 5min on floor, Level 9-10 max 8mins on floor)

Beam – warm up 2, compete. 90secs per athlete Levels 5-7. 2mins for athletes Levels 8-10

Awards:

In each category, the top three all around gymnasts will receive medals, with ribbons going to fourth to sixth. The winner on each event will receive a gold medal. The next five places will receive ribbons.

Scoring:

There will be live scoring and results through Sortzsoft.

Results URL:

Mobile Live Meet:

Judge and Coach Meals:

There will be a hospitality room for judges and coaches in an adjacent room at the front of the facility where meals will be served. There will also be granola bars, bananas, water, etc on the competition floor for coaches during sessions.

Canteen:

There are no canteen services inside the Dome but the Credit Union Place with restaurants, etc is right across the parking lot.

Athletes Banquet and Activities:

Due to Covid uncertainties and lack of team travel there will be no formal athlete banquet/social this year. However, we have booked the Swimming Pool and water slide at the Credit Union Place and it will be available for any athletes that would like to get together for swimming from 7-9pm.

Judges and Coaches Social:

Adult social will take place at The Brothers Two Restaurant located at 618 Water St E in Summerside. There will be a meal as well as a cash bar and in person entertainment. Social will begin at 7pm and go until the last person leaves! (there is a lot of catching up to do!)

Technical Meeting:

There will be a technical meeting Thursday April 28th, 2022 inside the venue.

Covid Protocols:

We are expecting there to be no Covid protocols in place for this event. However, this is obviously subject to change and any information will be circulated to the Province's as soon as it is released.

Admission:

	Day Pass	2 Day Pass
Adults (18+)	\$10.00	\$15.00
Students (6-17)	\$5.00	\$8.00
Children (5 and under)	Free	Free

Contact Information:

Mail:

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COB 2A0

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Phone: 902-888-3700

All cheques should be sent to the above address. Please make cheques payable to Saultos Gymnastics. All inquires can be made to the above listed contact methods or if necessary to Jeff MacRae at 902-303-2139.