



GYMNASTICS NOVA SCOTIA

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Memorandum

To: GNS Clubs (Head Coaches, Presidents, Ed & Rec Representatives)
From: Angela Gallant, GNS Executive Director
Re: 2016/2017 Coaches Requirements & Forms
Date: August 2016

Attached, please find a coaches registration database sheet that must be filled out for your club coaches **IN ADDITION** to the main database that includes everyone. Please list your coaches on the attached coach list and indicate each coaches' certification level.

The addition of this database will make it easier for the appropriate course scheduling by Gymnastics Nova Scotia and hopefully for your club to identify staff training needs. Please check certification levels of your staff carefully, so that any discrepancies can be checked out right away.

RESPECT IN SPORT Program

This is an internet based program that all gymnastics coaches in Canada are required to complete. Information has been sent to all GNS clubs on numerous occasions and a link can be found on the GNS website (www.gymns.ca). Coaches must have completed this 3 hour internet based course in order to register with GNS each September. You are required to enter the coaches RIS Certification Number on this form. If the coach does not have this number but has completed the course, please contact me and I can look it up on the system.

Child Abuse Checks and Criminal Checks

Please remember that clubs must have their coaches **(and other adults as per the new GNS screening policy in Appendix D)** complete Child Abuse Checks and Criminal Checks at least every 3 years. Please note that these are 2 separate checks with a separate process for each. It is the club's responsibility to have this completed for each coach and to maintain the records in the club.

Dates of most recent police and child abuse checks as well as Respect in Sport Certification number must be included on coach registration form. THIS IS REQUIRED IN ORDER FOR YOUR CLUB TO BE INSURED THROUGH GNS. Club are responsible for ensuring coaches' have criminal record checks and child abuse registry forms up to date. Forms will be returned if this information is not complete and clubs will be fine \$100 per coach for any records that are still incomplete as of December 15, 2016.

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Head Coaches

Please be advised that it is assumed you are supervising the Practical components of your junior and assistant coaches unless another supervisor/mentor is named. This is serious responsibility – supervising the practical application of the candidates' new information is perhaps the most critical part of their training. Ensure that the assigned Practical tasks are complete (**including any workbook requirements**) and the candidate is competent and comfortable before you sign their Practical component.

Trampoline as a Teaching Aid

When using a trampoline as a teaching aid in Artistic gymnastics, coaches are reminded that Level 1 includes all “bail out” and introductory skills necessary to ensure safe progressions for the athlete to learn more difficult skills. **For this reason, GNS policy requires Level 1 Trampoline certification for coaches using a trampoline as an aid in an Artistic program.** In addition, the TTPC recommends that all Artistic athletes using the trampoline as an aid in skill progression should first be proficient in Level 1 trampoline skills.

Minimum Standards

For minimum standards required by GNS, please refer to the GNS Policy Manual or see attached (Appendix D – Registration info).