



GYMNASTICS NOVA SCOTIA

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Memorandum

To: GNS Clubs (Head Coaches, Presidents, Owners, Ed & Rec Representatives)

From: Angela Gallant, GNS Executive Director
Michelle Pothier, GNS Technical Director

Re: 2021/2022 Coaches Requirements & Forms

Date: August 2021

Attached, please find a coaches registration database sheet that must be filled out for your club coaches **IN ADDITION** to the main database that includes everyone. Please list your coaches on the attached coach list and indicate each coaches' certification level.

The addition of this database makes it easier for the appropriate course scheduling by Gymnastics Nova Scotia and hopefully for your club to identify staff training needs. Please check certification levels of your staff carefully, so that any discrepancies can be checked out right away.

New in recent years: If a coach at your club does not have an NCCP number, it is required for them to register in the Locker on the Coaching Association of Canada website to attain one. Please visit: www.coach.ca and login to the Locker to create a new account or create a new account by clicking on this link:

<https://thelocker.coach.ca/Account/Login?ReturnUrl=%2f>

Coaches will need to use their NCCP number to register for all courses offered by GNS.

RESPECT IN SPORT Program

This is an internet based program that all gymnastics coaches in Canada are required to complete. Information has been sent to all GNS clubs on numerous occasions and a link can be found on the GNS website under coaching programs

(<https://gymns.ca/programs/coaching>). Coaches must have completed this 3 hour internet based course in order to register with GNS each September. You are required to enter the coaches RIS Certification Number on this form. If the coach does not have this number but has completed the course, please contact me and I can look it up on the system.

Child Abuse Checks and Criminal Checks

Please remember that clubs must have their **coaches (and other adults as per the GNS screening policy in Appendix D)** complete Child Abuse Checks and Criminal Checks at least every 3 years. Please note that these are 2 separate checks with a separate process for each. It is the club's responsibility to have this completed for each coach and to maintain the records in the club.

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Dates of most recent police and child abuse checks as well as Respect in Sport Certification number must be included on coach registration form. THIS IS REQUIRED IN ORDER FOR YOUR CLUB TO BE INSURED THROUGH GNS. Club are responsible for ensuring coaches' have criminal record checks and child abuse registry forms up to date. Forms will be returned if this information is not complete and clubs will be fine \$100 per coach for any records that are still incomplete as of December 15, 2021.

Head Coaches

Please be advised that it is assumed you are supervising the Practical components of your junior and assistant coaches unless another supervisor/mentor is named. This is serious responsibility – supervising the practical application of the candidates' new information is perhaps the most critical part of their training. Ensure that the assigned Practical tasks are complete (**including any workbook requirements**) and the candidate is competent and comfortable before you sign their Practical component.

Coaches are encouraged to become certified. To do so coaches are required to register with GNS and to arrange an evaluation through the Technical Director.

Trampoline as a Teaching Aid

When using a trampoline as a teaching aid in Artistic gymnastics, coaches are reminded that Foundations Trampoline provides the introductory skills necessary to ensure safe progressions for the athlete to learn more difficult skills. **For this reason, GNS policy requires Foundations Trampoline for coaches using a trampoline as an aid in an Artistic program.** In addition, the TTTC recommends that all Artistic athletes using the trampoline as an aid in skill progression should first be proficient in Foundations trampoline skills.

Long Term Coach Development (LTCD)

Coaches are encouraged to contact the Technical Director of GNS to discuss their coach LTCD plans (long term coach development) so that they are able to receive training as needed for the levels they wish to coach. More information is available on the GNS site.

Minimum Standards

For minimum standards required by GNS, please refer to the GNS Policy Manual or see attached (Appendix D – Registration info).