

Training Phase

Competition 2 Certified*

Competition 2 Course

Competition 2 Evaluation

** Must be certified in their respective discipline*

**Gymnastics Canada
Sport Specific
Competition 3 Course
(4 day course)**

+

4 Comp Dev Modules:
Coaching & Leading Effectively
Manage a Sport Program
Managing Conflict
Psychology of Performance

+

True Sport Clean 101

Certification Phase

Register for Evaluation with your
Provincial Gymnastics Federation

Coach Profile Form

Make Ethical Decisions
online evaluation

Program Description and
Philosophy

Two Year Training Plan

Pre-Competition Readiness Plan
for Athletes

Sample of Competition
Information for Athletes
(and Parents)

Conflict Management Evaluation
Completed

True Sport Clean Certificate of
Completion

Coach Self-Assessment &
Action Plan

Debrief with Evaluator

Evaluation by Evaluator during
Podium Training

Debrief with Evaluator
Post- Competition

Maintenance Phase

**30 PD points over 5
years**

Active coaching PD

Self-reported PD

CAC NCCP workshops or online
courses

Gymnastics Canada NCCP PD

Gymnastics Canada
non-NCCP PD

Multi-sport Non-NCCP
activity

**Competition 3
Trained**



**Competition 3
Certified**



**Competition 3
Certification
Maintained**

