



Gymnastics Nova Scotia

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Gymnastics Foundations Registration Form

Please check the course you wish to enroll in

<input type="checkbox"/> MED \$50	<input type="checkbox"/> Introduction \$100	<input type="checkbox"/> Artistic \$90
GF – Theory Friday Feb 20 5 – 9pm	3 F's Sat Feb 21 9 – 5pm	Sport Specific Sunday Feb 22 9 – 5pm

Name:	City:	Postal code:
Address:	DOB:	NCCP:
Phone:	Email:	Club:

Location: **MED Friday Feb 20th 5 – 9pm**
 Rainbow Riders
 70 Brooklyn Street
 Middleton, NS
 902 8486371 / rainbowriders04@yahoo.com
Intro/Artistic Sat/Sun Feb 21/22 9 – 5pm
 Rainbow Riders
 Same as above

Instructor: Kelly Thompson
 Lunch: 1 hour break (depending on schedule)
 Cost: \$120** GNS Members \$305 Non-members
 (Participants may cancel by Feb 1st to have a full refund/Absolutely no refunds will be granted for cancellations after this date).
 **GNS member fee is \$240 however GNS funds 50% of the registration fee for members so members only pay \$120. If taking portions of the course separately, GNS will also fund 50% of the prices listed at the top.

Application deadline: Feb 15th 2015 /late fee:\$25

This course is the “New” Foundations Streamlined course. Foundations is composed of the 3 training courses: Intro, Theory & a Sport Specific Discipline. These courses can now be done in one weekend. **Coaches can begin taking the foundations course at 15yrs without being a CIT first.** They are unable to become certified in foundations until 16.

*Gymnastics Nova Scotia reserves the right to cancel if numbers of participants have not occurred by the registration deadline.

*Please keep a copy of this form for your records.

