



# 2025 Canadian Championships

## DIRECTIVES

**Calgary, AB**

**May 26-30, 2025**



<p><b>GYMCAN</b></p>	<p>Gymnastics Canada  RA Centre, 2451 Riverside Drive, Ottawa, ON, K1H 7X7  Website: <a href="https://gymcan.org">https://gymcan.org</a></p> <p>Michael Downey – Interim CEO  <a href="mailto:mdowney@gymcan.org">mdowney@gymcan.org</a></p> <p>Kacey Neely – Director of Safe Sport  <a href="mailto:Kneely@gymcan.org">Kneely@gymcan.org</a></p> <p>Katia Perin – Communications &amp; Marketing Manager  <a href="mailto:comms@gymcan.org">comms@gymcan.org</a></p> <p>Ed Van Hoof – National Team Head Coach, MAG  <a href="mailto:evanhoof@gymcan.org">evanhoof@gymcan.org</a></p> <p>Greg Jackson – Program Director, MAG  <a href="mailto:mag@gymcan.org">mag@gymcan.org</a></p> <p>Jenny Trew – Program Director, WAG  <a href="mailto:wag@gymcan.org">wag@gymcan.org</a></p> <p>Karen Cockburn – National Team Director, TG  <a href="mailto:kcockburn@gymcan.org">kcockburn@gymcan.org</a></p> <p>Niki Lavoie – Program Manager, TG &amp; Emerging Disciplines  <a href="mailto:nlavoie@gymcan.org">nlavoie@gymcan.org</a></p>
<p><b>ORGANIZING COMMITTEE</b></p>	<p><b>Alberta Gymnastics Federation</b>  170, 550 71st Ave SE, Calgary AB T2H 0S6  (403) 259-5500  <a href="mailto:Info@abgym.ab.ca">Info@abgym.ab.ca</a></p> <p><b>Robin McDougall – CEO</b>  <a href="mailto:operations@abgym.ab.ca">operations@abgym.ab.ca</a></p> <p><b>Kate Webster – Manager, Sport Development &amp; Events</b>  <a href="mailto:agfevents@abgym.ab.ca">agfevents@abgym.ab.ca</a></p>
<p><b>DATES</b></p>	<p>May 26 – 30, 2025</p>
<p><b>LOCATION</b></p>	<p>Calgary, AB</p>
<p><b>VENUE</b></p>	<p>Competition venue will be:  Olympic Oval</p>

	<p>University of Calgary 2500 University Drive NW Calgary AB T2N 1N4</p> <p>Paid parking is available at the venue. For more information on the various lots and pricing, please refer online <a href="#">here</a>. The most ideal lots to park in will be Lot 10 &amp; 11.</p>
<b>ONLINE STORE</b>	Event merchandise can be purchased <a href="#">here</a> . Deadline to order to receive free pick-up at the Calgary Oval is May 2 <sup>nd</sup> .
<b>INVITED MEMBERS</b>	All Provincial/Territorial Gymnastics Organization registered participants who meet the Gymnastics Canada eligibility requirements according to this document and to their Discipline's specific <a href="#">Rules and Technical Regulations</a> are invited to participate.
<b>EQUIPMENT SUPPLIER</b>	<b>Information on equipment will come in Directive #2.</b>
<b>EVENT FORMAT, PURPOSE</b>	<p><b>AG Purpose:</b></p> <ol style="list-style-type: none"> <li>1. Provide a prestigious annual competitive opportunity for developing High Performance gymnasts, showcase top provincial talent, provide national rankings, and declare Canadian champions for each category of competition.</li> <li>2. To rank HP athletes as part of the system to have access to       <ol style="list-style-type: none"> <li>a. Sport Canada Athlete Assistance Program (AAP) – “Carding”.</li> <li>b. National Team and Espoir Status.</li> <li>c. International competitions (NT and Espoir) and Training camps.</li> </ol> </li> <li>3. Specific Programs Rules are available on their respective <a href="#">Trello boards</a></li> </ol> <p><b>Eligible categories at Canadian Championships:</b> WAG: CCP 9, CCP 10, HP Novice, HP Junior, HP Senior and National Open MAG: National Open, Aspire, Junior, and Senior categories</p> <p><b>Format:</b> <u>Men's Artistic Gymnastics</u></p> <ul style="list-style-type: none"> <li>• ‘Podium’ Training.</li> <li>• Open and Junior Team.</li> <li>• All-Around Finals:       <ul style="list-style-type: none"> <li>○ National Open: Day 1 only.</li> <li>○ Aspire, Junior, and Senior: Two days combined.</li> </ul> </li> <li>• Apparatus Finals:       <ul style="list-style-type: none"> <li>○ National Open: Day 2 only.</li> <li>○ Aspire, Junior, and Senior: Two days combined.</li> </ul> </li> </ul> <p><u>Women's Artistic Gymnastics</u></p> <ul style="list-style-type: none"> <li>• ‘Podium’ Training</li> <li>• CCP9 &amp; CCP10:       <ul style="list-style-type: none"> <li>○ Day 1: Team</li> <li>○ Day 2: All-Around and Apparatus Finals</li> </ul> </li> <li>• Novice, Junior and Senior       <ul style="list-style-type: none"> <li>○ All-Around Finals: Two days combined.</li> <li>○ Apparatus Finals: Two days combined.</li> </ul> </li> <li>• National Open       <ul style="list-style-type: none"> <li>○ 1-day All-Around &amp; Apparatus Finals</li> </ul> </li> </ul> <p><b>TG Purpose:</b></p>

1. To identify Junior and Senior athletes for the competitive year and to rank athletes as part of the system to have access to National team status and Sport Canada Athlete Assistance Program (AAP Carding-Trampoline).
2. Second trial for National Team selection (all disciplines).
3. Mobility Opportunity

**Athletes:**

National level athletes in the categories listed below in trampoline individual (TRA) and synchronized (SYN), tumbling (TUM), and/or double mini trampoline (DMT) who have qualified are in good standing with their provincial/territorial federation/association and GymCan are eligible to register.

TRA, DMT, TUM: L5 (14U), L5 (15-16), L5 (17+), L6 (17+), Junior (13-16), Senior (17+)

SYN: L5 (11+), L6, Senior (17+), Mixed: L5 (11+) and senior (17+)

**Format:**

TRA, SYN, DMT, TUM: Qualifications and Finals

TRA, DMT, TUM: Team Finals

**Acro Purpose:**

To provide a prestigious annual competitive opportunity at the national level for developing high performance gymnasts and showcase top provincial talent in the five categories of acrobatic gymnastics:

- Women's Pairs (WP), Men's Pairs (MP), Mixed Pairs (MxP), Women's Trio (WT), Mixed Trios (MxT), Women's Group (WG) and Men's Groups (MG),

To establish national rankings and declare Canadian Champions in:

- USDP Levels 7-10, Aspire (old youth), Youth (11-16), Pre-Youth (12-18), Junior (13-19) and Senior (15+)

To play a role in the selection process for major international events:

- World Championships and World Age Group Championships

**Categories:**

- WP, MP, MxP, WT, MxT, MG, WG

**Levels:**

- USDP Level 7-10
- Aspire
- Pre-Youth (11-16), Youth (12-18), Junior (13-19), Senior (15+).

**Level 7**

1 Combined Routine to be performed 2 times. Ranking to be based upon the sum of the scores (C+C)

**Level 8-10**

1 Balance Routine and 1 Dynamic Routine. Ranking to be based upon sum of the scores (B+D)

**Aspire**

1 Combined Routine to be performed 2 times. Ranking to be based upon sum of the two scores (C+C)

	<p><b>Pre-Youth, Youth, Junior, Senior</b> 1 Balance, 1 Dynamic and 1 Final. Ranking determined as per FIG rules.</p>						
<p><b>REQUIREMENTS FOR COACHES, JUDGES, AND SUPPORT STAFF</b></p>	<p>All athletes, coaches, judges, team managers must be registered members of the GymCan year in force.</p> <p>All participating provincial/territorial organizations and their members commit themselves to respect the GymCan and discipline specific program technical rules and regulations, especially the ones concerning the age and nationality of gymnasts, and that participants must not have any outstanding invoices owing to GymCan.</p> <p>All gymnasts must be in possession of a valid Canadian passport to be eligible for selection to international assignments.</p> <p><b>COACHES</b> According to the discipline specific technical regulations, all coaches wishing to access the training, warm-up, or competition floor must be NCCP Competition 3 Certified or Level 3 Certified (theory, technical, and practical) in the applicable discipline when coaching a national level athlete or group. A coach without the required certification must request an exemption by completing the coach exemption request form below.</p> <p><b>*Exception: ACRO REQUIREMENT</b></p> <ul style="list-style-type: none"> <li>• NCCP Competition 1 Trained in Acrobatic Gymnastics</li> <li>• NCCP Competition 2 Certified in Artistic Gymnastics (MAG or WAG); or</li> <li>• Acrobatic Gymnastics coaching certification from an FIG Academy or country recognized by GymCan as a country with reputable coach education training <ul style="list-style-type: none"> <li>○ (please note: we will be phasing out NCCP Artistic qualifications as eligible for Acro);</li> </ul> </li> </ul> <p><b>NCCP COACH EXEMPTION REQUEST FORM:</b></p> <p>EN: <a href="https://am.lol/p/A6X9zDO?lang=en">https://am.lol/p/A6X9zDO?lang=en</a> FR: <a href="https://am.lol/p/a6cMgAl?lang=en">https://am.lol/p/a6cMgAl?lang=en</a></p> <p>All coach exemption requests must be submitted by <b>May 2, 2025</b>. No late exemptions will be accepted.</p> <p>All coaches, judges, support staff (head of delegation, chef de mission, team manager, and chaperone) and integrated support team (IST) who participate in GymCan national competitions must have completed the requirements included in Table 1 below. Failure to do so will result in withholding of your accreditation and denied access to the field of play, and training venues.</p> <p>Table 1. Safe Sport Requirements</p> <table border="1" data-bbox="441 1593 1511 1900"> <thead> <tr> <th data-bbox="441 1593 980 1640">Requirements</th> <th data-bbox="980 1593 1511 1640">Comments</th> </tr> </thead> <tbody> <tr> <td data-bbox="441 1640 980 1738">One Badge</td> <td data-bbox="980 1640 1511 1738">All <b>National Team participants</b> (Athletes, Coaches, Judges, IST, and GymCan Staff) must be approved on One Badge</td> </tr> <tr> <td data-bbox="441 1738 980 1900">Provincial screening standards</td> <td data-bbox="980 1738 1511 1900">All <b>non-national team</b> athletes, coaches, judges, support staff, and IST <b>MUST</b> meet their provincial screening requirements and sign media consent form.</td> </tr> </tbody> </table>	Requirements	Comments	One Badge	All <b>National Team participants</b> (Athletes, Coaches, Judges, IST, and GymCan Staff) must be approved on One Badge	Provincial screening standards	All <b>non-national team</b> athletes, coaches, judges, support staff, and IST <b>MUST</b> meet their provincial screening requirements and sign media consent form.
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		The Provincial CEO/ED will provide a statutory declaration for their provincial members to the LOC. The online form can be found <a href="#">here</a> . You will receive a confirmation of the form. In addition, both GymCan and AGF will receive a copy.
	Completed Enhanced Background Check, Canada-wide and/or International Police Check  <a href="http://sterlingbackcheck.ca/cac_acc">http://sterlingbackcheck.ca/cac_acc</a>	<b>Required for all volunteers.</b>  Must be issued within 12 months of the date of the event being attended. Cost is the responsibility of the individual.  A volunteer letter can be provided by the LOC upon request.

<b>REGISTRATION</b>	<b>Registration and payment deadlines</b>	
	Registration deadline	April 23, 2025
	Music is due with registration through Sportzsoft	April 23, 2025
	Safe sport requirements	May 2, 2025
	Coach exemption form (GymCan)	May 2, 2025
	100% registration payment (GymCan)	May 2, 2025
	PTO statutory declaration deadline (GymCan)	May 2, 2025
	Refund request deadline (GymCan)	May 9, 2025
	<b>Registration Fees</b>	
	Registration fees WAG, MAG, TG, ACRO	\$290/person - athletes, coach, support staff
Late individual entry penalty	\$50/person	
<b>Registration process for the PTOs</b>		
<ul style="list-style-type: none"> <li>✓ <b>#1-</b> The completed registration is submitted <b>electronically through SportzSoft for WAG, MAG, TG</b>. PTO's will receive the link to access the event in a separate email.</li> <li>✓ <b>ACRO ONLY</b> – PTOs will need to register twice. First through SportzSoft for registration fees and then through KSIS for complete registration (partnership names, levels, music, DD sheets).</li> <li>✓ <b>#2-</b> 100% payment of the <b>Registration fees</b> for WAG, MAG, TG and ACRO are made using SportzSoft.</li> </ul>		
<b>Checklist</b>		
* 100% of the registration and GymCan fee is to be received by credit card via SportzSoft before the set deadline.		
Registration and payment must be submitted and completed by the PTO.		
<b>Definition of late individual entry penalty</b>		
A PTO will be charged the late individual entry penalty if a delegate is registered after the set registration deadline.		

	<p><b>Refund Policy</b>  No registration will be accepted after May 9, 2025 unless special approval is given by the discipline's program lead, in conjunction with the Member Services Manager. Late fees will apply.</p> <p>Requests for refunds can be written to Patrick Desjardins at <a href="mailto:pdesjardins@gymcan.org">pdesjardins@gymcan.org</a>. After May 9, 2025, there will be no reimbursement of the registration fee. If a gymnast is declared unable to compete after this deadline, and ineligible for a refund, the PTO still has the responsibility to inform GymCan of this as soon as possible. Please send notification to your respective program manager.</p> <p>WAG: Jenny Trew at <a href="mailto:wag@gymcan.org">wag@gymcan.org</a>  MAG: Greg Jackson at <a href="mailto:mag@gymcan.org">mag@gymcan.org</a>  TG: Niki Lavoie <a href="mailto:nlavoie@gymcan.org">nlavoie@gymcan.org</a>  ACRO: Niki Lavoie at <a href="mailto:nlavoie@gymcan.org">nlavoie@gymcan.org</a></p>
<p><b>SCHEDULE</b></p>	<p>Provisional schedule (see appendix A1, A2, A3, A4)</p>
<p><b>AWARDS</b></p>	<p><b>Special Awards</b>  <b>WAG:</b>  Athlete dress code for award ceremonies: provincial or national team tracksuit.</p> <p><b>CCP :</b></p> <ul style="list-style-type: none"> <li>• Day 1 is the Team Competition.</li> <li>• Day 2 are the All-Around &amp; Apparatus Finals competitions.</li> </ul> <p style="padding-left: 40px;"><b>CCP 9 (11-14) &amp; (15+):</b></p> <ul style="list-style-type: none"> <li>○ Top 3 Team</li> <li>○ Top 8 All-Around gymnast</li> <li>○ Top 8 gymnast on each apparatus</li> </ul> <p style="padding-left: 40px;"><b>CCP 10 (12-15) &amp; (16+):</b></p> <ul style="list-style-type: none"> <li>○ Top 3 Team</li> <li>○ Top 8 All-Around gymnast</li> <li>○ Top 8 gymnast on each apparatus</li> </ul> <p><b>National Open:</b></p> <ul style="list-style-type: none"> <li>• 1-day competition.</li> <li>○ Top 8 All Around gymnasts for all age groups.</li> <li>○ Top 3 gymnasts on each apparatus.</li> </ul> <p><b>HP Categories:</b></p> <ul style="list-style-type: none"> <li>• Both All-Around and Apparatus Finals are awarded based on the combined scores from Day 1 and Day 2.</li> </ul> <p><b>Novice:</b></p> <ul style="list-style-type: none"> <li>• Top 8 All Around  Top 8 gymnasts on each apparatus.</li> </ul> <p><b>Junior &amp; Senior:</b></p> <ul style="list-style-type: none"> <li>• Top 8 All Around gymnasts for all age groups.</li> <li>• Top 3 gymnasts on each apparatus.</li> </ul> <p><b>MAG:</b>  Athlete dress code for award ceremonies: provincial tracksuit.</p>

	<p><b>Team Awards:</b>  Open: Top 3 Teams from Day 1  Junior: Top 3 Teams from Day 1</p> <p><b>National Open:</b>  All-Around: Top 3 from Day 1 results only.  Apparatus Finals: Top 3 from Day 2 results only.</p> <p><b>Aspire, Junior, and Senior:</b></p> <ul style="list-style-type: none"> <li>• Both All-Around and Apparatus Finals are awarded based on the combined scores from Day 1 and Day 2.</li> <li>• All-Around: Top 3 gymnasts for each age group within their category.</li> <li>• Apparatus Finals: Top 3 gymnasts for each respective age group within their category. <ul style="list-style-type: none"> <li>○ For Senior Next Gen and Senior 21+, the FIG regulations for Vault Finals will apply - gymnasts must compete two vaults on Day 1 and two vaults on Day 2 to be eligible for vault awards.</li> <li>○ Athletes must meet the minimum average D-score of 4.4 for both vaults to qualify for awards</li> </ul> </li> </ul> <p><b>TG:</b>  <u>Award Ceremonies</u>  Awards will be presented as per the schedule immediately following competition. We ask your cooperation to ensure that athletes are ready on time.</p> <p><b>All disciplines and categories - Top 6 athletes</b>  <u>Dress code for athletes:</u> Competitive Track Suit</p> <p><b>ACRO:</b>  <u>Award Ceremonies</u>  Awards will be presented as per the schedule immediately following competition. We ask your cooperation to ensure that athletes are ready on time.</p> <p><b>All disciplines and categories - Top 6 athletes</b>  <u>Dress code for athletes:</u> Competitive Track Suit</p>
<b>MUSIC</b>	<p>Music will be played from a computer set list created by SportzSoft or KSIS program. If back up is needed ipod/ipad, tablet or phone with proper AUX port will be accepted. Music must be submitted through SportzSoft or KSIS by the registration deadline date to allow it to be checked.</p> <p>Only mp3 files are supported as other files may not be playable on all platforms of Windows and wav files are too large to work with when there are so many competitors. Please label music .mp3 files as per FIG Code of Points when uploading to SportzSoft or KSIS. Lyrics: coaches are responsible to ensure lyrics meet FIG requirements.</p> <p>Please ensure that music is uploaded with your registration.</p>
<b>LOCAL TRANSPORTATION</b>	<p>Local transportation will not be offered.</p> <p>The CRT rail line has stops on the campus, as well as many us stop areas for more information, you can click <a href="#">here</a>.</p>
<b>HOST HOTELS</b>	<p>For accommodation information, please click <a href="#">here</a> for pricing and cut-off dates.</p>

<p><b>MEALS</b></p>	<p>Lunch, dinner, coffee and snacks will be provided onsite for all registered coaches and judges during their competition times.</p> <p>The campus has a food outlet at MacEwan Hall, a short 3-minute walk from the venue. A list of available food options can be found <a href="#">here</a>.</p>
<p><b>ACCREDITATION</b></p>	<p>GymCan accreditation protocol will apply. A system of colour categories will be in place. GymCan reserves the right to withdraw accreditations if rules are not respected.</p> <p>Provincial accreditations will be distributed to PSO Leads during the coach orientation meeting. Accreditation must be worn for access to competition, training and hospitality sites.</p> <p>For competition and training areas, the LOC will restrict access to athletes and coaches according to schedule.</p> <p>All access for non-essential personnel will need to be submitted for approval prior to May 2, 2025.</p>
<p><b>MEDICAL</b></p>	<p>There will be medical on site throughout the competition by LOC.</p> <p>The GymCan athletic therapist on-site will only treat National Team injuries.</p> <p>If a PSO/PTO be planning to bring their IST personnel, please complete this form for submission to the LOC by April 23, 2025. Should your IST personnel like to participate in hospitality, there is a charge of \$50/day and can be indicated/paid for through <a href="#">this form</a>.</p>
<p><b>ANTI-DOPING</b></p>	<p>All participants should be aware that doping tests may be conducted by the Canadian Centre for Ethics in Sport (CCES) in accordance with Canada's anti-doping program. To avoid an inadvertent positive test and the consequences of an anti-doping rule violation, athletes are encouraged to take the following steps:</p> <ul style="list-style-type: none"> <li>• Check the Global DRO website (<a href="http://www.globaldro.com">www.globaldro.com</a>) to determine if any prescriptions, medications or treatments are banned from the WADA Prohibited List.</li> <li>• Review the medical exemption requirements (<a href="http://www.cces.ca/medical">www.cces.ca/medical</a>) if you are using a banned substance for a legitimate medical reason.</li> <li>• Do not use supplements or take precautions when doing so. Supplements cannot be verified by CCES or Global DRO. A lack of industry and government regulations makes it impossible to confirm the ingredients included. For more information: <a href="http://www.cces.ca/supplements">www.cces.ca/supplements</a></li> <li>• Review the steps of a sample collection process: <a href="https://cces.ca/sample-collection-procedures">https://cces.ca/sample-collection-procedures</a></li> </ul> <p>For additional resources and general information on doping control, please contact CCES:</p> <ul style="list-style-type: none"> <li>• E-mail: <a href="mailto:info@cces.ca">info@cces.ca</a></li> <li>• Telephone (toll-free): 1-800-672-7775</li> <li>•</li> </ul>
<p><b>ENVIRONMENTAL INITIATIVE</b></p>	<p>The organizing committee is committed to reducing its carbon footprint by planning and organizing the competition in an eco-responsible manner. Bring your own reusable bottle. Water stations will be available throughout the venue for athletes, coaches and judges.</p>
<p><b>SOCIAL EVENTS</b></p>	<p><b>Information on social events will come in Directive #2.</b></p>



<b>SOCIAL MEDIA</b>	Facebook: <a href="http://www.facebook.com/gymcan1">www.facebook.com/gymcan1</a> Instagram: <a href="https://www.instagram.com/gymcan1">@gymcan1</a> YouTube: <a href="http://www.youtube.com/user/gymcan1">www.youtube.com/user/gymcan1</a>
<b>TICKETS</b>	<p>Tickets can be purchased online <a href="#">here</a>.</p> <p>Weekly passes are <b>only</b> available online until <b>May 23, 2025 at 12:00pm MST</b>:  Adult - \$125.00  Senior 60+ - \$77.00  Youth/Student 18+ - \$68.00</p> <p>Daily passes are available online and at the door throughout the event:  Adult - \$35.00  Senior 60+ - \$25.00  Youth/Student 18+ - \$20.00  5 and under are free</p> <p>Tickets can be purchased with Debit, VISA, Mastercard, or AMEX. There will be no cash sales.</p>
<b>LIVESTREAM</b>	Enjoy full weekend access to our exclusive paid livestream for just \$20! Click <a href="#">here</a> to watch and purchase.
<b>APPENDICES</b>	Appendix A1, A2, A3, A4: Draft schedule
<b>VOLUNTEERING</b>	<p>This year's event will be a <i>major</i> celebration of gymnastics across Canada — and we want <i>you</i> to be part of it! We're looking for enthusiastic, dedicated volunteers to help make this unforgettable event a success.</p> <p>All volunteers must provide a valid police check dated within the last three years, or apply for one before the event.</p> <p>Sign up for a shift and receive <b>free admission for that day</b> — plus, you'll get to experience the action up close and personal!</p> <p>Thank you in advance — we can't wait to see you there!</p> <p>Check out the available volunteer positions and sign up <a href="#">here</a>.</p>

# APPENDIX A1 – WAG PROVISIONAL SCHEDULE

## **Sunday May 25<sup>th</sup>**

CCP Podium Training

## **Monday May 26<sup>th</sup>**

CCP 10 Day 1

CCP 10 Day 1

Senior/Junior Podium

## **Tuesday May 27<sup>th</sup>**

CCP 9 Day 1

CCP 9 Day 1

Novice and Open Podium training

## **Wednesday May 28<sup>th</sup>**

CCP 10 Finals

JR Day 1

SR Day 1

## **Thursday May 29<sup>th</sup>**

CCP 9 Finals

Novice Day 1

National Open

## **Friday May 30<sup>th</sup>**

Junior Day 2

Novice Day 2

SR Day 2

# APPENDIX A2 – MAG PROVISIONAL SCHEDULE

## **Monday, May 26<sup>th</sup>**

Aspire: Podium Training  
Junior: Podium Training  
Senior: Podium Training  
National Open: Podium Training

## **Tuesday, May 27<sup>th</sup>**

Aspire: Competition Day 1  
Junior: Training  
Senior: Training  
National Open: Team Finals and All-Around Final

## **Wednesday, May 28<sup>th</sup>**

Junior: Team Finals, and Competition Day 1  
Senior: Competition Day 1

## **Thursday, May 29<sup>th</sup>**

Aspire: All-Around, and Apparatus Finals  
Junior: Training  
Senior: Training  
National Open: Apparatus Finals

## **Friday, May 30<sup>th</sup>**

Junior: All-Around, and Apparatus Finals  
Senior: All-Around, and Apparatus Finals

# APPENDIX A3 – TG PROVISIONAL SCHEDULE

## **Monday, May 26<sup>th</sup>**

Podium Training  
Orientation Meeting  
Judges meeting  
Coaches Forum and National Team Coaches Meeting  
Senior Athletes Meeting

## **Tuesday, May 27<sup>th</sup>**

Competition Day 1  
Qualifications

## **Wednesday, May 28<sup>th</sup>**

Competition Day 2  
Qualification and Finals

## **Thursday, May 29<sup>th</sup>**

Competition Day 3  
Finals

## **Friday, May 30<sup>th</sup>**

Competition Day 4  
Team Finals

*\*National Level Judge Course TBC – May 25<sup>th</sup> – 26<sup>th</sup>*

# **APPENDIX A4 – ACRO PROVISIONAL SCHEDULE**

**Tuesday, May 27<sup>th</sup>**

Training

Meetings (orientation, judges meeting)

**Wednesday, May 28<sup>th</sup>**

USDP Levels (Routine #1)

FIG Levels

**Thursday, May 29<sup>th</sup>**

USDP Levels (Routine #2)

Aspire & FIG Levels

Awards

**Friday, May 30<sup>th</sup>**

Aspire & FIG Finals/combined routines

Awards

*\*National Level Judge Course TBC – May 26<sup>th</sup>-27<sup>th</sup>, 2025*