

## **APPENDIX D**

### **REGISTRATION INFORMATION**

#### **i) Registration Procedure**

All members must be registered as outlined in Section Six (6) of the Policy Manual. The registration forms must be completed properly, designating members as such. For example, athletes must be registered recreational or competitive.

Registering competitive athletes: All athletes competing in GNS sanctioned events must be registered as competitive athletes by October 15th of the competitive season. If an athlete is registered recreational and it is decided that the athlete will compete, the club must submit the athlete's name to the respective committee (WPC, MPC, TTC) for approval. The club is then responsible for ensuring the athlete is registered as a competitive athlete.

Failure to follow this procedure will result in the club paying a fine to GNS. The club will be disallowed participation in any GNS sanctioned event until this fine is paid and the athlete(s) re-registered.

#### **ii) Membership Fee Structure**

The fee structure is set at the Annual General meeting of Gymnastics Nova Scotia. The fee structure is as follows:

Active Club Fee	- \$200.00 per club
Active Club Fee using Music (SOCAN fee)	- \$284.43 per club
<b>All clubs add ReSound Fee re: GCG National agreement</b>	<b>- \$ 50.00 per club</b>
Associate Club Fee	- \$100.00 per club
Recreational Gymnasts	- <b>\$ 39.00</b> per gymnast
Competitive Gymnasts	- <b>\$ 79.00</b> per gymnast
Competitive Coaches	- <b>\$ 49.00</b> per coach
Recreational Coaches	- <b>\$ 39.00</b> per coach
Judges	- <b>\$ 49.00</b> per judge
Other Members <sup>1</sup>	- <b>\$ 27.00</b> per member
Affiliate Members	- \$ 1.00 per member

#### **iii) Minimum Standards for Clubs**

GNS Screening policy:

GNS requires that criminal record and child abuse registry checks are completed for the following people 18 years of age or older:

- a) GNS registered coaches
- b) GNS employees
- c) GNS board members
- d) GNS officials [judges]
- e) GNS Learning Facilitators
- f) Team Managers and Chef-de-mission
- g) Any adult athletes traveling with Team Nova Scotia
- h) Board members of registered clubs
- i) Any employee of a GNS registered Club not covered in above [ie. office administrators, etc.]

These checks will need to be renewed on a 3-year cycle. Confirmation must be submitted to GNS by December 15th of each year.

GNS also requires that all club coaches complete the Respect in Sport On-line Program. The Certificate number for each coach must be included on the registration form.

GNS recommends that all clubs have a person in the facility during training hours that has current First Aid Certification.

Clubs must meet the following minimum standards to become an active member club of Gymnastics Nova Scotia.

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<sup>1</sup> Examples include – GNS Board members, Club Board Members, Club Employees who aren't coaches, etc.

Artistic Gymnastic ClubsA. Facility

- Ample space between pieces of equipment and the walls.
- Adequate ceiling height and spacing between equipment items.
- Must contain an emergency exit and access to a telephone line.
- Adequate lighting.

B. Equipment

- Adequate padding for all landing surfaces - consideration given to the length of descent.
- Adequate padding underneath all elevated equipment. i.e. Proper landing mats. 3" - 6" in depth.
  - o "Adequate padding" is defined as being that outlines of metal or wood cannot be felt through padding.
- Floor equipment/legs of equipment must be stable, meaning unable to move freely and/or wobble.
- Cables, anchors, bars, etc., must be tightly fastened and secure.
- Surfaces must be flat, smooth and/or finished, free of obstacles and/or profusion of any sort.
- GCG approved equipment - i.e. Gymnova, AAI or Spieth Anderson must be available in clubs offering competitive gymnastics programs.

C. Staffi. Competitive Gymnastics

Supervisory Instructor	19 years of age or older Minimum Full NCCP Level II or Competition 1 Certified
Class Instructors	16 years of age or older Minimum Full NCCP Level II or Competition 1 Trained
Assistant Instructors	in training to certify as an NCCP Level 1 or Foundations gymnastic instructor.

The supervisory instructor must be present (in the gym) during classes.

The supervisory instructor may or may not be directly involved with instruction of the class.

ii. Recreational Gymnastics

Supervisory Instructor	19 years of age or older Minimum Full Level I or Foundations NCCP Gymnastics Certification Level II or Introduction to Competition 1 Trained
Class Instructors	16 years of age or older Minimum NCCP Level I Gymnastics Certification or "Trained" Status in NCCP Foundations Artistic (see exemption process – Appendix H.1)
Assistant Instructors	In training to certify as an NCCP Level 1 or Foundations gymnastic instructor

The supervisory instructor must be present (in the gym) during classes.

The supervisory instructor may or may not be directly involved with instruction of the class.

## **Clubs Using Trampoline**

### **A. Trampoline Clubs**

#### **(1) Recreational Clubs**

##### a) Equipment

- Round trampoline bed
- frame pad secured to entire trampoline covering springs/cords
- gymnastic mats surrounding trampoline
- GCG approved mini-trampoline
- frame pads secured and surrounding entire mini-tramp covering springs/cords
- landing mat - 6 x 12 feet x 10 inches. Medium density foam.

##### b) Staff

- |                            |   |
|----------------------------|---|
| Supervisory or Head Coach: | 19 years of age or older<br>Minimum Full NCCP Level 1 or Foundations Trampoline Certification   |
| Assistant Coaches:         | Minimum of 16 years of age<br>Minimum Level 1 NCCP Technical Trampoline Course obtaining full certification or "Trained" status in NCCP Foundations Trampoline (see exemption process – Appendix H.1) |

#### **(2) Competitive Clubs**

##### a) Equipment Trampoline

- 6 x 12 ft or 7 x 14 ft spring trampoline
- full frame pads secured to entire bed covering springs 1 1/4 inch foam
- ceiling height - 8 m.
- gymnastic mats surrounding trampoline
- 5 x 8 ft x 8 inches medium density foam end deck mats
- End decks firmly attached to trampoline or, in the case of in-ground trampolines, matting with comparable depth, width and thickness placed overlapping over the top of the frame portion of the frame pads

##### Double Mini-Trampoline

GCG approved double mini-tramp

- frames pads secured covering springs
- landing mat 6 x 12 ft x 10 inches
- gymnastic mats surrounding landing area and DMT
- ceiling height 6 m.

##### b) Staff

- |                         |  |
|-------------------------|--|
| Supervisory/Head Coach: | 19 years of age or older<br>Minimum Introduction to Competition or Full Level II NCCP Trampoline Certification                 |
| Assistant Coaches:      | 18 years of age or older<br>Minimum Introduction to Competition or Level II NCCP Technical Course obtaining full certification |

\*Note: To host a trampoline competition, requirements change and are listed in the trampoline technical handbook.

### **B. Gymnastics Clubs/Classes**

#### **(1) Recreational Clubs/Classes**

##### a) Equipment

- Round trampoline Bed
- full frame pads secured and covering springs/cords
- gymnastic mats surrounding trampoline
- GCG approved mini-trampoline
- frame pads surrounding entire MT, secured and covering springs/cords
- crash mat 6 x 12 feet x 10 inches medium density foam

- b) Staff
- |                         |  |
|-------------------------|--|
| Supervisory/Head Coach: | 19 years of age or older<br>Minimum NCCP Level I or Foundations Trampoline Certification                                       |
| Assistant Coaches:      | Minimum 16 years of age<br>Minimum Level I NCCP Technical Trampoline Course or "Trained" status in NCCP Foundations Trampoline |

## (2) Competitive Clubs/Classes

- a) Equipment
- 6 x 12 ft or 7 x 14 ft spring trampoline
  - full frame pads secured covering springs
  - gymnastic mats surrounding trampoline
  - ceiling height - 6m
  - GCG approved mini-trampoline
  - full frame pads secured to MT, covering springs
  - crash mat 6 x 12 ft x 10 inches
  - gymnastic mats surrounding trampoline and covering landing area
- b) Staff
- |                         |  |
|-------------------------|--|
| Supervisory/Head Coach: | 19 years of age or older<br>Minimum Introduction to Competition or Level II NCCP Technical Trampoline Course |
| Assistant Coaches:      | 16 years of age or older<br>Minimum Introduction to Competition or Level II NCCP Technical Trampoline Course |

\*Note: Level I trampoline certification and Foundations Trampoline does not include inversions. Level I coaches are not certified to teach or supervise inversions of any sort and will leave themselves and the club open to a liability suit in the event of an injury

\*Note: Pullovers and turnovers (porpoise) are introductory inversions and considered to be Introduction to Competition or Level II skills.

\*Note: These are minimum standards only. Clubs may also receive further equipment recommendations by contacting the Trampoline and Tumbling Technical Committee for the province.

**\* CLUBS USING TRAMPOLINES MUST HAVE A COACH WITH VALID FIRST AID IN THE FACILITY AT ALL TIMES WHILE CLASSES ARE RUNNING.**