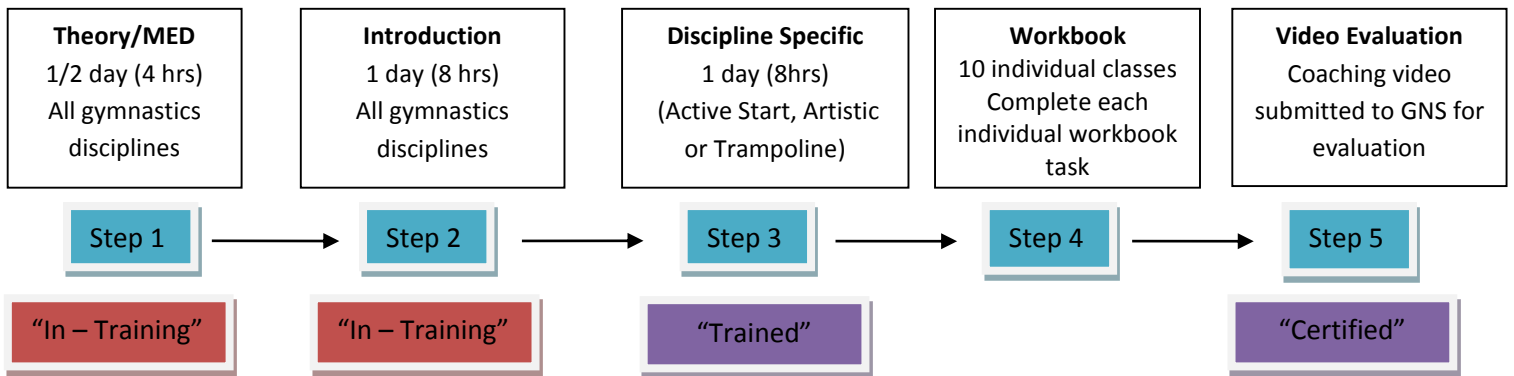


NCCP STRUCTURE - FACT SHEET

GYMNASTICS FOUNDATIONS



What does this mean?

"In Training" = assistant coach: new coach must be directly supervised by a certified coach (minimum Level 1), coaching the same group

"Trained" = coach: can coach a group on their own but must have indirect supervision by a supervisor (in the gym) with minimum Level 1 certification

"Certified" = coach: can coach with no direct supervision

WHAT TO DO AT/AFTER EACH STEP

After Step 3

- Coaches have attended a 1 day sport specific course in either Artistic gymnastics, Active Start or Trampoline. Coaches can now coach a group on their own with indirect supervision (supervisor in the gym with minimum level 1 certification) in the specific discipline they are trained for.
- coaches must coach 10 classes with a certified (minimum level 1) coach and complete the workbook
- coaches must submit their completed workbook to an evaluator

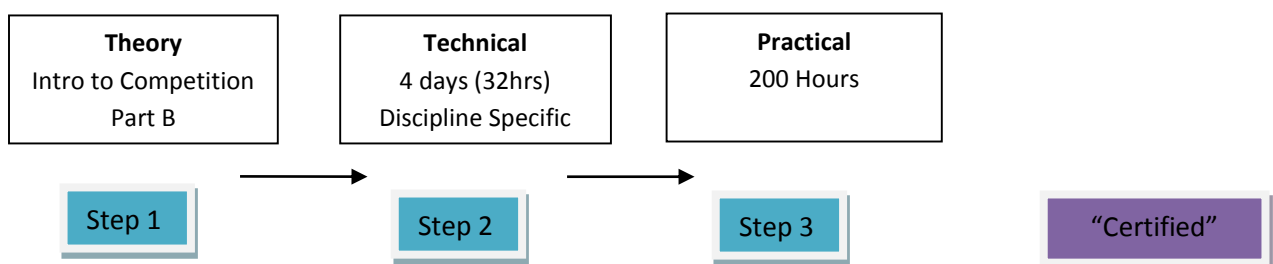
After Step 4 –

- coaches are able to have their own group but still must have indirect supervision by a supervisor (in the gym) with minimum Level 1 Certification.

Step 5 –Sport Specific video:

- video of training (as per NCCP guidelines) submitted for review. Once reviewed and accepted the coach is CERTIFIED LEVEL 1

LEVEL 2



NOTE:

A coach is allowed to complete Level 2 Components when they are "trained" in Foundations

LEVEL 3

