

TITANS T&T MEET 2024 - TRAMPOLINE - DMT - TUMBLING
SUNDAY JANUARY 21 2024

Rod Floor

TUM PP1	2 TUM L1 13+	8 TUM L3	4	TRI PP2	2 TRI L1 12U	5 TRS L1	7
TUM PP2	3 TUM L2	4 TUM L4	3		TRI L1 13+	16 TRS L2	7
TUM L1 12U	7	TUM L5	2		TRI L2 13U	9	
Stretch	7:45 - 8:05	TUM PP1, PP2 & L1 12U	12	Stretch	7:40 - 8:00	TRI PP2	10
Specific Warm-Up	8:05 - 8:25	TUM PP1, PP2 & L1 12U	12	Specific Warm-Up	8:00 - 8:15	TRI PP2	10
Competition	8:25 - 8:45	TUM PP1, PP2 & L1 12U	12	Competition	8:15 - 8:40	TRI PP2	10
Stretch	8:25 - 8:45	TUM L1 13+ & L2	12	Stretch	8:20 - 8:40	TRI L1 12U & L2 13U	14
Specific Warm-Up	8:45 - 9:00	TUM L1 13+ & L2	12	Specific Warm-Up	8:40 - 9:00	TRI L1 12U & L2 13U	14
Competition	9:00 - 9:30	TUM L1 13+ & L2	12	Competition	9:00 - 9:35	TRI L1 12U & L2 13U	14
Stretch	9:10 - 9:30	TUM L3, L4 & L5	9	Stretch	9:15 - 9:35	TRI L1 13+ Flight 1	8
Specific Warm-Up	9:35 - 9:55	TUM L3, L4 & L5	9	Specific Warm-Up	9:35 - 9:45	TRI L1 13+ Flight 1	8
Competition	9:55 - 10:25	TUM L3, L4 & L5	9	Competition	9:45 - 10:05	TRI L1 13+ Flight 1	8
				Stretch	9:45 - 10:05	TRI L1 13+ Flight 2	8
				Specific Warm-Up	10:05 - 10:15	TRI L1 13+ Flight 2	8
				Competition	10:15 - 10:35	TRI L1 13+ Flight 2	8
				Stretch	10:15 - 10:35	TRS L1 & L2	14
				Specific Warm-Up	10:35 - 10:55	TRS L1 & L2	14
				Competition	10:55 - 11:20	TRS L1 & L2	14
Awards & Judges Break - 11:20 - 11:45 - ALL CATEGORIES EXCEPT L2 TRI							

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DMT

DMT PP2	10 DMT L1 12U	5 DMT L2 13U	7
	DMT L1 13+	16 DMT L2 14+	12
Stretch	11:25 - 11:45	DMT L2 13U	7
Specific Warm-Up	11:45 - 11:55	DMT L2 13U	7
Competition	11:55 - 12:15	DMT L2 13U	7
Stretch	11:55 - 12:15	DMT PP2	10
Specific Warm-Up	12:15 - 12:25	DMT PP2	10
Competition	12:25 - 12:45	DMT PP2	10
Stretch	12:25 - 12:45	DMT L1 12U & 13+ Flight 1	11
Specific Warm-Up	12:45 - 1:00	DMT L1 12U & 13+ Flight 1	11
Competition	1:00 - 1:25	DMT L1 12U & 13+ Flight 1	11
Stretch	1:05 - 1:25	DMT L1 13+ Flight 2	10
Specific Warm-Up	1:25 - 1:40	DMT L1 13+ Flight 2	10
Competition	1:40 - 2:05	DMT L1 13+ Flight 2	10
Stretch	1:45 - 2:05	DMT L2 14+	12
Specific Warm-Up	2:05 - 2:25	DMT L2 14+	12
Competition	2:25 - 3:00	DMT L2 14+	12

Trampoline

TRI L2 14+	9	TRS L3	6
TRI L3 15U	7	TRS L4	2
TRI L3 16-17	9	TRS L5	3
		TRS L6	1
Stretch	11:25 - 11:45	TRI L2 14+	10
Specific Warm-Up	11:45 - 12:00	TRI L2 14+	10
Competition	12:00 - 12:35	TRI L2 14+	10
Stretch	12:15 - 12:35	TRI L3 15U	7
Specific Warm-Up	12:35 - 12:50	TRI L3 15U	7
Competition	12:50 - 1:15	TRI L3 15U	7
Stretch	12:55 - 1:15	TRI L3 16-17	9
Specific Warm-Up	1:15 - 1:30	TRI L3 16-17	9
Competition	1:30 - 1:55	TRI L3 16-17	9
TRI Panel Judges Break & General Warmup for TRS			
Stretch	2:40 - 3:00	TRS L3,4,5,6	12
Specific Warm-Up	3:00 - 3:20	TRS L3,4,5,6	12
Competition	3:20 - 3:40	TRS L3,4,5,6	12

Awards & Judges Break - 3:40-4:00 - ALL CATEGORIES EXCEPT L3 TRI

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DMT

DMT L3	9 DMT L4	2 DMT L5	1
		DMT L6	2

Trampoline

TRI L3 18+	4 TRI L5	7	TRI L7	2
TRI L4	4			
Stretch	3:40 - 4:00		TRI L3 17+ & L4	8
Specific Warm-Up	4:00 - 4:15		TRI L3 17+ & L4	8
Competition	4:15 - 4:40		TRI L3 17+ & L4	8
Stretch	4:20 - 4:40		TRI L5 - L7	9
Specific Warm-Up	4:40 - 4:55		TRI L5 - L7	9
Competition	4:55 - 5:25		TRI L5 - L7	9

Stretch	5:05 - 5:25	DMT L3	9
Specific Warm-Up	5:25 - 5:40	DMT L3	9
Competition	5:40 - 6:05	DMT L3	9
Stretch	5:45 - 6:05	DMT L4, L5, L6	5
Specific Warm-Up	6:05 - 6:20	DMT L4, L5, L6	5
Competition	6:20 - 6:40	DMT L4, L5, L6	5

Awards - 6:40 - 7:10 - ALL REMAINING AWARDS